

29/11/21	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	<i>A selection of cereals Weetbix, Muesli, Ricies, Cornflakes and porridge over winter, Acidophilus yoghurt, selection of milk; whole and low-fat, Selection of bread; wholegrain, wholemeal, white, Fruit selection of preserved and fresh fruits. Tea, Hot chocolate, and water are available with all meals</i>						
Hot breakfast						Hash brown and fried eggs	Spaghetti and scrambled eggs
Morning Tea	Choc Caramel	Blueberry muffin	Apricot Danish	Choc chip cookies	Chocolate Cake	Crumpets	Chef's selection
Lunch	Chilli beef Enchiladas with sour cream	Shredded chicken and Asian slaw Boa bun	Brunch hash brown bacon Scrambled egg	Hot dogs with onions n rolls	Mince on ciabatta n Poached eggs	Seared beef Fajita with fillings	Bacon and egg benedict
Vegetarian Option	Vegetarian Enchilada	Asian slaw and marinated Tofu Boa bun	Brunch hash brown Mushroom Scrambled	Falafel Tomato with onions in roll	Creamy mushroom on Ciabatta Poached eggs	Crispy tofu Fajita with fillings	Egg n spinach benedict
	<i>Daily Selection of salads (x3) as per set salad bar, breads, and beverages</i>						
Afternoon tea	Spring rolls Samosa, wontons	Sausage rolls	Fresh fruit platter	Creamed lamingtons	Fresh fruit tubs	Chef's choice	Homemade slice
Beverage Service	Juice	Flavoured Milk	Juice	Flavoured Milk	Juice	Flavoured Milk	Juice
Dinner	Glazed BBQ Chicken Drums	Beef schnitzel onions gravy	Christmas glazed Ham and Cranberry stuffed Turkey	Chicken butter chicken	Hamburgers with toppings	Marinated Chicken Nibbles	Beef madras
Starch	Herbed potato	Mashed potato	baby potatoes	Steamed rice	Rosemary potato wedges	Mashed potato	Steamed rice
Vegetables	Corn and peas	Broccoli and carrots	Minted peas Honey coated Carrots	Peas n corn	Peas and carrots	Broccoli and corn	Carrots n beans
Vegetarian Option	Savoury lentils n vegies	Chunky vegetable Bolognese	Stuffed capsicums	Lentil dahl	Vegie burgers	Teriyaki Tofu	Vegetarian madras
Dessert	lemon cake with yogurt	Ice cream n Jelly tubs	Cream puffs mini-Eclairs and straw berry's	Chocolate self-saucing pudding	Eton mess	Fruit jelly pots	Berry mousse
Supper	Chocolate cookies	Cheese and crackers	Brownies	Carrots and hummus	Fresh fruit basket	Fresh fruit basket	Fresh fruit basket