



*Pacific Futures celebration held on 24 September 2019*

Senior students have been receiving valuable feedback this week, from the school examinations. Over the holidays they should plan to spend some of the time having a complete break, and then some of the time to starting their preparations for the final lead-up to the November NCEA External Examinations. The proportions will be different from person to person. Senior students should also know that it is normal and expected for their social lives to reduce over the next vital weeks. For Year 13 students this is especially important as they move closer to realising their hopes for results that will make next steps possible. The message is clear and simple – there is enough time to give revision and study the time and attention they need and deserve in order to have no regrets later. Planning your time is crucial and then actually getting on and doing the work, putting effort in that will advantage you.

Some things we know are effective:

- Identifying exactly what you want to study for in a 50 minute session – not English, but exactly what you need to study about a particular play or novel for example
- Working effectively for 50 minutes at a time with small breaks in between. Giving the brain stops and starts is much more effective than sitting for hours at a time thinking we are studying effectively for one thing or subject
- Putting the phone in another part of the house so it is not a distraction
- Finding ways of using your laptop for effective study as applicable, without being distracted by social media etc
- Doing 3 x 50 minute sessions in a morning and then going for a walk. Our brains work well if we give them a break and give ourselves fresh air and exercise (that doesn't mean that's it for the day though).
- Eating healthily
- Not going to the fridge constantly instead of giving focus and attention to each 50 minute study session. Set up some healthy snacks before you start
- Sleeping for at least 8-9 hours each night
- Keeping things in proportion – if you are in control and putting effective effort in, it means you are taking positive steps to preparing well, so high levels of stress can fall away. Let them.

## Coming up in Week 1....

Mon 14 Oct      Term 4 begins  
Thur 17 Oct      NZ Shakeout

## Coming up in Week 2....

Tue 22 Oct      Learning Awards  
Wed 23 Oct      Community Awards  
Thur 24 Oct      Sports Dinner

[TO VIEW MORE EVENTS CLICK HERE >](#)



## SENIOR PRIZEGIVING

**WEDNESDAY,  
30 OCTOBER 2019**

**MARJORY ADAMS HALL - 7.30PM**

FUJI XEROX

Barfoot & Thompson

There are lots of apps and study sites available – work out what techniques work best for you – sometimes some things work better for one subject and others for other subjects.

Next term lunchtime subject help will be available and remember to ask if you need help with something.

### **Measles**

With people travelling in the holidays the public health service is concerned about exposure to the measles.

The symptoms of measles include:

- Fever
- Cough
- Runny nose
- Sore and watery 'pink eyes'
- Rash

If you catch measles, you can infect others from five days before the rash appears until five days after the rash appears (counting the day of rash onset as day 1). The virus is highly contagious and spreads easily from person to person through the air. If you or a family member suspect you have measles you should stay at home and call your doctor or Healthline on **0800 611 116**. If you have measles, it's really important to limit spreading it to others, so avoid waiting rooms and please stay at home.

For more public health information please refer to <https://www.health.govt.nz/your-health/conditions-and-treatments/diseases-and-illnesses/measles/2019-measles-outbreak-information>

This week has been Pasifika Week – thank-you to all involved for a wonderful week of celebration of Pasifika language and culture.

Congratulations also to everyone involved in Arts and Culture – the annual Awards Ceremony was a wonderful evening.

I hope everyone enjoys the holiday break and we look forward to Term 4 which begins on Monday 14 October.

Ngā mihi / Regards

Lorraine Pound - Principal

### **Notice of Election of Student Representative on the Board of Trustees**

Congratulations to Trenyce Fia.

## **BOARD OF TRUSTEES**

Finally we see some signs of spring after a very wet winter. The conclusion of another term is fast upon us and for the senior students their recent School exams start them on the countdown to NCEA externals in November. The board wishes every student all the best for these exams and are confident the teachers and all the support teams have provided you with the required tools to perform well.

The new EGGs Board has settled in well with a focus over the past few months on induction and professional learning to ensure the new board members tool kit is adequately stocked to enable all trustees to feel they can contribute effectively to our role of governance. Last week we had an update from the ACCOS (Auckland Central Community of Schools) team which provided a good opportunity for the school boards to interact and engage with the key drivers in this community of learning model and to reflect on the collaborative learnings and pathways for the 8000+ students. EGGs remains the only secondary school within the community and we would welcome Auckland Grammar into the community as the benefits for the students are obvious as they transition through their school journey.

I would like to take this opportunity to farewell Sarah Dwan and wish her all the very best in her new role as Principal of St Mary's College from the start of Term 4. Sarah has been a tremendous asset for EGGs over the past 5 years but we always knew that it would not be long before she became a Principal. Her passion, her drive and her level headedness are virtues that bode well for this new challenge. Sarah's interaction with the Board has always been with utmost professionalism and with clarity and calmness no matter the circumstance. All the very best Sarah and we look forward to developing the relationship further with St Mary's.

L Block, or the recently renamed – Judith Potter Centre is our major redevelopment project this year and is tracking well towards the opening in early 2020. The Board would like to thank the community for your support across many fund raising endeavours and a special thanks the EGGs Foundation for driving these. The Masterplan has many more projects that will require on-going capital fundraising initiatives and the Board has articulated this plan and our goals to the Foundation.

The Tomorrow's Schools review process remains unclear as little follow up information has been released since the submission process. Based on the volume of submissions and preceding debate based on the panel's recommendations the importance of any new framework needs further work and ensuring the right people are at the table to provide input into this. Some recent changes by the Ministry with regard to donation funding has the potential to impact a higher decile school like EGGs significantly. As further information comes to hand we will

communicate further with the community. What it does highlight is, that without parent funded donations, our curriculum offerings at EGGs would look very different. We are very grateful to the 65% of parents who do donate to the school and this generates approximately \$1.1m in funding that is redirected to additional learning resources – teachers, support staff and professional development. An increase on our collection rate would be valuable additional resources at a time when Ministry restrictions impose challenges.

The winter term has not been short of outstanding outcomes across the rich and diverse school life. The reports to the Board, the school newsletters and Facebook page continue to reflect not only the outstanding achievements but also the wide participation levels and exciting initiatives that continue to broaden the experience of an EGGs student. On behalf of the Board I would like to congratulate all who make EGGs such a vibrant and highly successful school and thank everyone for the passion and commitment to continue to deliver this experience and success.

Please enjoy the spring break and I wish everyone a successful Term 4.

Kind regards

*Chris Iles, Board Chair*

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## CURRICULUM NEWS

### Pacific Futures

Pacific Futures was held on Tuesday 24th September, with our Year 11, 12 and 13 Pasifika students invited to attend.

Our guest speaker this year was Daisy Lavea-Timo, EGGs Alumna and amazing person. Daisy shared with us how important it is for our students to be proud of their heritage, their talents and their skills, and also some of her spoken word poetry, for which she has received national recognition.

Jody Jackson-Becerra and Aiono Manu Faaea-Semeatu were our two other speakers. Both bring with them a wealth of knowledge and were so encouraging of our students both academically and personally.

Students were so engaged with the speakers, and interacted in such lovely ways that we should be so proud of them. We (the Careers Department) really hope that this event benefited our students and that they were all able to take away some gems of information from the afternoon.

The afternoon concluded with a celebration of a number of our Pasifika students, for their achievements in academic, sport, cultural, community, and special awards. This was a really special addition to the programme, and it was simply lovely to see the students supporting each other.

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## PUBLIC SPEAKING SKILLS FOR YEAR 13 STUDENTS

***Are you about to start university, already studying, or recently graduated?***

***Do you want to become a more confident presenter to help with your studies or your first job?***

Fear-less Public Speaking is teaming up with Speak Confidently to offer a public speaking programme for young adults aged 18 and over.

Our group programme (no more than 18 students with a ratio of 1 instructor to 6 students) will teach you how to manage your nerves, prepare and deliver a great presentation, and respond confidently when you have to think on your feet. All of this will be done in a fun and interactive way!

See link: <https://www.fear-less.co.nz/young-speakers-programme.html>

## Homestay Families Required

Epsom Girls Grammar School has International Students from Asia and Europe arriving to start in Term 1 of 2020, who require homestay accommodation. \$305 per week is paid to cover full board and internet.

If you would enjoy hosting an international student and are able to provide a caring and supportive environment to make her part of your family life, have a spare room, live within close distance to Epsom Girls Grammar School and English is your first language we would look forward to hearing from you.

For further information please call Jo Bostock or Florence Huang on 970 6757 or email [accommodation@eggs.school.nz](mailto:accommodation@eggs.school.nz)

Announcement for EGGS / AGS Production 2020

## **Chicago - The High School Edition**

Director: Anna Richardson

Musical Director: Peter Thomas

Choreographer: Rebekkah Schoonbeek - Berridge

Vocal Director: Virginia Le Cren

Backstage Manager: Nicola Rennie

### **Show Dates:**

Saturday 9<sup>th</sup> to Saturday 16<sup>th</sup> of May 2020 in the Raye  
Freedman Arts Centre

### **Audition Workshop:**

**Wednesday 16<sup>th</sup> of October 3.30 – 6.30pm in F1**

### **Auditions:**

5<sup>th</sup> and 6<sup>th</sup> of December, further information to be  
released.

*Please note if you cannot make audition dates because of  
pre-booked holidays,  
arrangements can be made with Miss Richardson!*

## cornwall park

### Gate Opening Times Changing

On weekdays from September 30th the Cornwall Park gates at Myers Drive and the Olive Grove will open at 9:30am.

There will be no through access between Manukau Road and Greenlane Road until 9.30am.

For Park users vehicle access to Cornwall Park will still be available from 7.00am at the Greenlane Road, Bollard Avenue and Grand Drive gates.

Weekend and public holiday gate openings will remain at 7.00am for all gates.

This is a permanent change and will affect morning traffic through the park on weekdays only.

For further information please go to [www.cornwallpark.co.nz](http://www.cornwallpark.co.nz) or call us on 09-6308485.

# ART

# FOR

# GOOD

## EXHIBITION & SALE OF ART

FRI 18th - SAT 19th  
OCTOBER 10am-4pm

ST COLUMBA CHURCH

92 SURREY CRES, GREY LYNN

Contact: 021 1517 087 | [office@stcolumbas.org.nz](mailto:office@stcolumbas.org.nz)

FIND THAT SPECIAL  
SOMETHING FOR  
CHRISTMAS!

## EMPLOYMENT OPPORTUNITY

### Readers - Epsom Girls Grammar School

We are looking for readers to support the learning needs of senior students in their examinations in Term 4. Good communication skills and ability to work as a team is essential. Training will be provided. Commence Term 4, hours negotiable.

Please send your CV to [nmuschamp@eggs.school.nz](mailto:nmuschamp@eggs.school.nz)

Closing date: 14 October 2019

*What's On at RFAC?*  
*in the school holidays...*

**RAYE FREEDMAN  
ARTS CENTRE**

Auckland Guitar School Presents  
**BIG GIG 2019**  
Sunday September 29, 6:30pm

UoA Glee Club Presents  
**Love: The Mix Tape**  
Saturday/Sunday October 5 & 6

School Holiday Performing Arts Workshops  
Artz on Show - Grease 30/9-4/10  
Kids Up Front - 7-11/10

For more events and further details, go to our website  
[www.rayefreedmanarts.co.nz](http://www.rayefreedmanarts.co.nz)

# FOUNDATION NEWS

## Judith Potter Centre

### Meet the Maker - delivers another fun night!



Our second Meet the Maker event was held on Friday 13 September. The event was well supported by our EGGs community of parents, alumnae and partners, and everyone enjoyed the relaxed, fun atmosphere.

Our generous makers provided delicious food and refreshing beverages, while many local businesses donated items for auction. Local sculptor Shona Lyon also joined us providing a sculpture trail showcasing a sample of her bronze figurine and portrait sculptures from her collections.

The event raised over \$30,000, which is a significant contribution to our fundraising goal for the Judith Potter Centre (formerly L Block).

Special thanks to

#### Major Sponsors:



AUCKLAND MINI GARAGE

#### Makers:

Loaf Bakery

Little India

Sals Pizza Mt Eden

Piries Butchery

Brothers Brewery

Urbanaut

Hallertau

Harwood Hall

Odyssey

Hakanoa

Shona Lyon Sculptor



SHONA LYON

## Supporters and donations (food, auction prizes etc):

New World	Jones family Bach	Health & Sport Kingsland
Real World Body and Hand care Products	Charlie's Pilates	Citta
Roses Florist Mt Eden	Exile Hair	Time Out Bookstore Mt Eden
RAD café Mt Eden	Little India	Espresso Owens Road
City Cake Company Mt Eden	Northern Mystics Netball	TE Interior Design
Office Max	Spark Arena	Landscape and Grower Supplies Ltd
Julie Coney Golf	Dominion Construction	Circus circus Mt Eden
Sheraton 4 Points Queen Street	Cosmetic Clinic Westfield Newmarket	KC Loo Fruit Centre Mt Eden
Lawson family Bach	Timeless Images	Griffins

A huge shout out to the dedicated, committed parents and supporters of EGGS who make up the fundraising committee and PTA - thank you for all the hard work that went into making this evening a success. Without the effort of these passionate volunteers, events like this simply would not be possible. An enormous amount of hard work went into making the event happen for which we are very grateful.

## Building a brighter future for Epsom Girls – fundraising target achieved!



We are delighted to advise that our fundraising target of \$150,000 towards the refurbishment of Judith Potter Centre (formerly L Block) has been achieved. The Foundation set this target in 2017 and through a multi-tiered fundraising approach we have been able to deliver on our aspiration. Collectively we can feel very proud and our heartfelt thanks to everyone who supported us to deliver our goal which included

### Donations from

- Parents
- Alumnae
- Sponsors and suppliers

### Events held

- Meet the Maker (Nov 2018 and Sept 2019)
- NZ Women in Politics
- A Conversation with Helen Clark
- OGA Movie Night

We will have the opportunity to officially thank our generous donors and celebrate the success of achieving this goal when we formally open the Judith Potter Centre early next year.

It's exciting to announce that our official fundraising campaign period closes Friday 27 September. Job done!

***The Judith Potter Centre will be a flexible learning environment that creates positive outcomes for young women, a multi-functional space for connected and collaborative studying and a stronger sense of community.***

# Family portraits by Timeless Images Photography

Timeless Images Photography has generously offered to support EGGs by donating family portrait packages. This package is valued at \$785.00 but it will cost you only \$95.00.

In return for your \$95 donation you'll receive:

- A consultation appointment
- A professional portrait sitting
- Two 150 x 200mm (6" x 8") prints

Family portraits help every family member to remember who they are, their role in the family and help create a sense of pride.

## Book today



### CELEBRATING TODAY'S RELATIONSHIPS FOR ETERNITY

**Family is the most important thing in the world.**

**Portraits give you the opportunity to immortalise your relationships,  
recognise the love and demonstrate your pride.**

**Our wall art heirloom pieces help you to pass on your family's identity,  
history, and memories.**

**PACKAGE  
VALUED  
AT: \$785**

**AVAILABLE  
FOR:  
\$95**

#### Your family portrait package includes:

- A pre-session consultation appointment
- A professional portrait session
- A personalised viewing session to select your photos
- Two 6x8inch (15x20cm) prints

If you would like to purchase further prints from the session, these are available at normal rates, however there is no obligation.

#### Limited offer — book your session now

To book your family portrait package, please click on the button below to make your donation and enter your details.

**T : M E L E S S**  
I M A G E S

\*Voucher not redeemable for cash.  
One voucher per family.



**Epsom Girls  
Grammar School**

**Book Consultation**

FAMILY GRADUATION CORPORATE BEAUTY

09 520 5323 [info@timelessimages.co.nz](mailto:info@timelessimages.co.nz) [timelessimages.co.nz](http://timelessimages.co.nz)



# SPORTS DINNER

Thursday 24th October 2019

Alexandra Park



5.45pm  
(doors open 5.15pm)  
Tickets \$60 - Pick up  
from the school cashier  
Sales close Friday 18th  
October  
Get in quick we will sell  
out!

Special Guest: Brooke Neal  
New Zealand Black Sticks Player

## Mountain Biking

Over the weekend the Mountain Biking Team competed in the last of the 5 Auckland Series races at Woodhill. Congratulations to the team who won the Top Girls School trophy for the second year running!

Thank you to the parents who support the team at every race, without you it would not be possible.

Best of luck to the students who are competing at the NZSS MTB Championships in Dunedin during the school holidays!



## Skiing



The Epsom Ski Team competed at the North Island Secondary School Skiing Championships earlier this week. They were unable to ski on the Monday however they had blue bird conditions Tuesday afternoon and Wednesday! Congratulations to Sui Brooking who was the fastest skier and placed 12th in the Junior Girls competition. Thank you to the parents who offered their ski lodges, transported students up and down the mountain and supported the team. And a huge thank you to Ms Murphy our TIC for supporting the team all season and at the competition.

## Swimming

On the 12th-15th of September, 10 Epsom students competed at the NZSS Swimming Championships in Hamilton. Congratulations to the team on the following results:

MacKenzie Brears: 3rd - 16yr 200 Breaststroke, 2nd - 16yr 50 Breaststroke

Grace Baik: 1st - 14yr 200 Butterfly, 1st - 14yr 100 Butterfly, 2nd - 14yr Butterfly

Abby Davidson: 3rd - 13yr 50 Breaststroke

Raeann Kwan: 3rd, 15yr 100 Butterfly, 3rd, 15yr 50 Butterfly

A huge thank you to Mrs McConachie (TIC) and Michelle Davidson who supported the students for the weekend!

