

# EGGSNEWS



Epsom Girls  
Grammar School

Te Kura Tuarua o Ngā Taitamāhine o Maungawhau

Volume 8, Issue 4 - April 2023



Year 10 Camp, Pataua South - more photos on page 4



Year 12 Geography trip - page 5

Dear parents, caregivers and students

It is hard to believe that so much has been achieved and has happened this term, after the disrupted start back in January – February. Congratulations to everyone on making the most of all the opportunities offered this term.

Summer Tournament saw some standout results – see Pages 9-17 for details. When I was at Karapiro for the last two days of the Maadi Cup Competition it was wonderful to see the camaraderie and good spirit between the many schools involved. Congratulations to all students who competed during Tournament Week, and a big thanks to Sports Department staff, teachers and parents who worked in support of the students.

On Tuesday of this week the Kapa Haka roopu performed a wonderful bracket at Polyfest. Congratulations to all of the students involved and to Sherquoia Hauraki, a former student and tutor of the roopu over a number of years. Thanks also to Whaea Jacqs, Matua Vinny, other staff and the large group of whanau who have supported the roopu.

At the Year 13 Assembly this morning there was a long list of individual, team and group achievements including a large number of students who are at international representative events and competitions – we wish all students, at all year levels, away as representative players the very best for their events. Best wishes also to Ms Knowles, Deputy Principal for Year 13, who will be on a Ministry of Education sabbatical next term. We welcome Ms Lisa Murphy into the Senior Leadership Team as Acting Deputy Principal in her absence.

Dux 2022 recipient, Hellen Ding, has shared her most recent news – Hellen has been accepted into Princeton University - Congratulations Hellen.

Key reminder:

- With Term 2 starting on Wednesday 26 April, please make sure that students have uniform items for the colder weather months – the school jersey and the softshell jacket and/or blazer.

See Page 2 for details about Uniform Shop hours.

## Coming up in Week 1, Term 2..

Mon 24 April	School closed
Tue 25 April	Anzac Day
Wed 26 April	Term 2 begins - no late start Tutor time 8.35am

## Coming up in Week 2, Term 2..

Fri 5 May	Teacher Only Day
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Kapa Haka rōpū perform at Polyfest

Public transport has been unreliable this term – let's hope that the new term is better as all students need to be able to arrive on time each day.



On Monday the staff farewelled Mrs Susan John, Learning Area Director of the Sciences. Mrs John is retiring after a distinguished career in Physics and Sciences secondary education. Her long involvement at a national level has been a very positive and valuable influence on Physics within the Qualifications Framework. The Board and the School thank Susan for her significant contribution to Epsom Girls Grammar School and we wish Susan the very best as she starts a new chapter in her life.

Lastly, well done to everyone for the first term and I hope everyone enjoys the Easter and school holiday break.

Ngā mihi / Regards

Lorraine Pound - Principal

## Farewell to Susan John



Susan with Sarah Boasman and Barbara Hughes both ex Dio, now at Baradene



Susan with current long term colleagues Nicola Rennie from Technology and Shirin Rampurawala from Accounts



Ex principal Madeline Gunn and ex dp [now Principal at Kelston Girls] Sarah Stenson came to see Susan too

After 40 years of teaching, with almost half of those at Epsom Girls Susan John, loved Learning Area Director of Sciences has retired. She is still keen to relieve at the School when she has time. Susan has offered so much to EGGs and also nationally to physics with her work for NZQA and making resources on line for students right across the country.

On Monday Susan invited friends from her EGGs life and previous schools to join her for morning tea and speeches.

We wish Susan well in all she is now able to do.

## Uniform Shop Hours

The Uniform Shop will be open in the School Holidays on **Wednesday 19th April 10.30am - 2.30pm**

### Normal hours during term time are:

Monday	11.05 – 11.25am	12.00 – 1.30pm	3.15 – 4.00pm
Tuesday	11.05 – 11.25am	12.00 – 1.30pm	3.15 – 4.00pm
Wednesday	10.25 – 10.45am	12.00 – 1.30pm	
Thursday	11.05 – 11.25am	12.00 – 1.30pm	3.15 – 4.00pm

If you have any queries please email [shop@eggs.school.nz](mailto:shop@eggs.school.nz)

### Winter Uniform Prices

Jersey .....	\$120.00
Blazer .....	\$195.00
Softshell Jacket.....	\$150.00
Netball Top.....	\$70.00
Netball Skirt.....	\$65.00
Sports T Shirt.....	\$70.00
Shorts.....	\$65.00
Scarf.....	\$40.00 (available Term 2)



# CURRICULUM NEWS

## Year 11 Sports Science - Annual Surf Camp

In Week 9 the 11PSS (Year 11 Sports Science) students headed to Mangawhai for their annual surf camp. This was the first time this camp has been run at Mangawhai which meant a new campground, a beautiful new beach and a new surf instructor company – Aotearoa Surf. The students started their surf experience with an estuary session focused on learning the basics, followed by 4 beach sessions building confidence on the board, developing their surfing abilities and catching some waves. A big shout out to Miss Smith for organising the camp and to the teacher helpers Mrs O'Donnell, Ms McCool, Miss McLaren, Miss Gunn, Miss Horler and Miss Ali for supporting the students on this trip. We can't wait for next year!



## From the English Department - Redraft



*Jasmine Longley and Adeeba Shaik*

The English Department is pleased to congratulate Year 12 students Adeeba Shaik and Jasmine Longley, who have been published in 2022's annual ReDraft student writing journal. Adeeba and Jasmine both submitted their work for the journal when they were students of 11 Writing for Publication last year, never expecting to be published quite so soon! They both encourage other keen writers to submit their work to competitions as often as possible. The worst that can happen is that you grow in confidence and gain useful feedback - the best that can happen is that your hard work is recognised and reaches a wider audience, as Adeeba and Jasmine have discovered.



## Year 10 Camp - March 2023





## Year 12 Geography

During the coldest days of the year so far, Year 12 Geography students spent 3 days of Week 9 visiting Tongariro National Park. We investigated the overcrowding of the Tongariro Crossing and how it could be managed as well as visiting differing environments around Mt Ruapehu to consolidate learning around understanding how different natural processes create vast differences in vegetation and climate at different altitudes. The students were amazing and braved the elements (near snow and freezing temperatures) like champions.



## Growing Leadership Day

On the 23rd of March this term the Year 12 students took part in the Growing Leadership day. Over the morning the students had the chance to partake in a few different sessions that focused on what the qualities of a leader are and also inspired them to discover what leadership potential they see in themselves. The students had the chance to talk to a panel of this year's prefects to discuss what leadership looked like at Epsom Girls Grammar and also were able to challenge themselves with interactive leadership activities. There was also a session on careers run by the school career's advisor that the Year 12's participated in with the aim of looking towards matching their strengths to different career pathways. The Learning prefects had the opportunity of organising the Growing Citizenship workshops where the students picked a topic of interest out of freedom of speech, cancel culture, performative activism, identity, artificial intelligence and money versus success. These conversations required students to use a more philosophical approach to real life problems and it also proved a great experience for many of the Year 13 students in the Learning Committee to put to work their own leadership skills as they facilitated the conversations.

*Mia, Yoonie, Ashley and Teuila - 2023 Learning Prefects*



# EGGS Digital Library

It's easy to read or listen to a book from our EGGS digital Library!

Access can be [here](#) or download the free ePlatform app



Then the following steps:

- Find your Library: Epsom Girls Grammar School
- Sign in on the top right using your school username and password
- Search for a particular title or browse the collections
- Click on the selected title - look inside or play sample
- Press Borrow or Reserve if the title is presently issued to another borrower
- Read or listen!

The borrowing requires internet access but you can read offline after that.

You can also register for an Auckland Libraries eMembership [here](#)

and then access their eBook collection [here](#) and

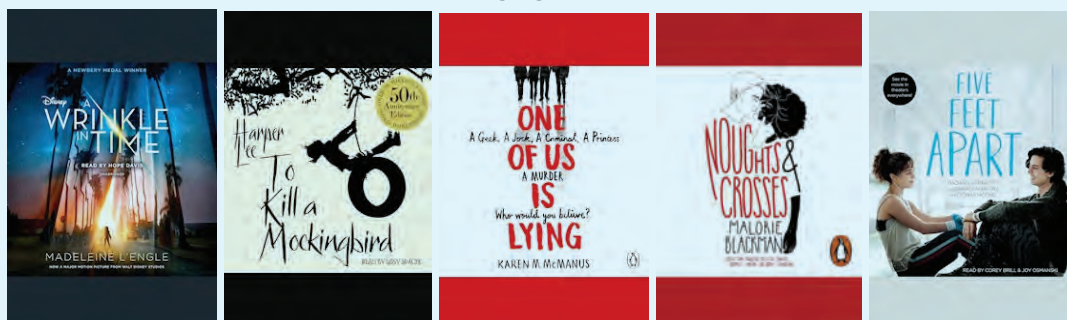
their eAudioBook collection [here](#)

*Please email us at [library@eggs.school.nz](mailto:library@eggs.school.nz) if you have any problems!*

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# PEER SUPPORT NEWS



Well our hopes for an undisrupted start to the year were quickly dashed. Despite this, the Peer Support Committee has worked hard to establish relationships with the Year 9 students. Each Year 9 class has approximately 4 Year 13 students who attend Tuesday and Thursday tutor times. The Peer Supporters have engaged with the students in activities that we hope have allowed the Year 9's to connect with one another whilst getting to know a little more about how EGGS 'works'. A highlight for many classes has also been the Athletics parade where banners were designed and engaging performances choreographed. It was lovely to see the students back out on the field for this event and having some fun.

Next term will see the committee run a Multisport Tournament which is always a highlight with the Year 9 cohort. More information about this will come through the tutor classes in Term 2. Next term we will also be re-establishing the "Common Place" (in D1) which will be a space for students to drop in on a Friday at lunchtime for some company with the Year 13's and I am sure they will have some fun activities planned for during this time. Look in the notices and for posters around the school for more information.

Finally I would like to thank the Peer Supporters for their continued efforts in supporting and working alongside the tutor teachers and students.

## ARTS & CULTURAL NEWS

### Dance World Championships in Florida

During the Easter break Scarlett Poppleton, Tallulah Palmer-O'Brien and Samara Greig will be representing New Zealand Dance at the USASF Dance World Championship in Florida. They will be performing in five troupe dances comprising Lyrical and Jazz dance. They are very excited to be part of such a huge international event. We wish them all the best.



*Scarlett, Tallulah and Samara*

# MUSIC DEPARTMENT NEWS

## Choir Camp



Over the weekend of Week 8, Epsom Singers students were fortunate enough to be able to go off for our annual Choir Camp to work on some music and language, and most importantly to have some fun! This is all in preparation for the upcoming Big Sing. We feel so lucky to be able to do this after several years of Covid-19, and we'd like to say thank you so much to Mrs Orr and the staff who made this camp possible.

*Choral Group Leader - Larissa Mohd Azhar*

## EPSOM ANZAC SERVICE

**11am Tuesday 25th March 2023**

**Epsom War Memorial Arch  
Marivare Reserve  
Corner Manukau and Ranfurly Roads  
Epsom**





## Swimming

### EGGS has a Champion at the New Zealand Secondary School Open Water Championships

An almighty congratulations to Olivia Bates. Olivia competed at the New Zealand Secondary School Open Water Championships in Rotorua's Blue Lake on Saturday 25 March 2023.

She competed in the 3.5km, 1km and 500m Races (one after the other!) The day started with the 3.5km race and Olivia came in 3rd Female overall and 1st in her Age Group with a time of 44:23. Followed by the 1km where Olivia came 2nd Female overall by just 2 seconds and 1st in her Age Group with a time of 11:21. And with a quick swap of timing chips straight onto the 500m and again came 2nd Female overall and 1st in her Age Group with a time of 5:04.

Olivia and EGGs have the Age Group 14-15yrs Female Secondary Schools Open Water Champion for 3.5km, 1km & 500m.

In addition, the weekend Secondary School Open Water results were off the back of prizegiving on Thursday (23rd March) for the Kohi Beach Open Water Swim Series, where she was also the Female Overall Winner (retained her Title!) over the 13 races this season.



She's certainly been busy and the Swimming New Zealand National Age Group (NAGS) Championships starts on the 12th of April....

Congratulations Olivia!

## SUMMER TOURNAMENT WEEK

### Softball

During Term 1, our EGGs Senior Softball team has been working hard and competing against other schools in the College Sports softball competition. They played diligently against high-level teams in Auckland and worked hard to develop their ball skills. The girls improved immensely over the short training period and managed to score many runs during games. Congrats on your great effort, girls! Special thanks to the coaches, parents and management that made the fruition of this team possible!

We are super proud of this group of girls and look forward to seeing them next season!





## Archery

EGGS Archery had two competitions during Term One. The first was the Archery league which was held over 6 Wednesdays throughout the term. EGGS had two recurve teams of 4 and one individual compounder. All the girls did so well and we had our Epsom B team rank 3rd in their division! On Sunday we had three archers compete in the Archery Match Play, a knock out, all day tournament. Both competitions were held at Auckland Archery Club, a beautiful club based at Cornwall Park, and the weather never failed us once. EGGS Archery is looking forward to starting a season with new archers once our gear arrives - look out for an email if you're interested in learning this historic sport and follow our instagram page [@eggs\\_archery](https://www.instagram.com/eggs_archery)



## Dragon Boating

On Sunday the 26th of March, Epsoms Dragon Boating Squad competed at Auckland Regionals at Killarney Park. We had to place either 1st or 2nd in the heats to be placed in the finals. We came away with Gold in the 200m sprint in the 20 man boat. Due to covid and lack of interest in Dragon Boating in schools in auckland, so the Auckland Dragon Boating Committee decided that we wouldn't do the 500m or 2km race. We had a fantastic day competing and took away not only the gold but fun memories and a new passion for this sport.





## Ultimate Frisbee - NATIONAL CHAMPIONS!!!

It has been another great season for Epsom Ultimate. Epsom A and B attended the Nationals tournament in Taupō during summer tournament week and came away with some exceptional results. Epsom B came in 5th place with their team Captain Nina Tearle receiving the highest 'Most Valuable Player' votes in the girls division, being voted by all other players' in the competition.



The A team took to the national tournament in barnstorming fashion, being undefeated throughout the tournament. Epsom B also put out some great performances, once again doing themselves and the school huge credit in a performance their final 5th placing did not reflect. Epsom A are National Ultimate Frisbee National Champions once more, beating Takapuna convincingly 15-1 in the final! A special shout out to Hannah Clarke (c), Tessa Swinson, Georgina Brown, Georgia Lewis and Lara Colpin for whom this will be their last schools championships. Big shoes for our budding stars to step into!

This was all topped off with Nina Tearle (Captain of the B team) winning overall MVP for the Girls' tournament.

A big thanks to all of the coaches, parent helpers and teachers that helped make this season possible. Looking forward to another great season next year! Especially Mr Chignell who was amazing behind the camera, taking all of the pro shots below and more - even bringing a delicious beef curry for the teams!

## Touch Rugby

After their success at the NZSS Touch Nationals in December, the EGGS Premier touch team had some tough games first up in the Auckland Premier touch grade. The team found their feet again in the final week of competition, where they beat Diocesan in the 5/6th semi-final; going to a drop off as they were tied when the final whistle went. The students played a hard fought final game, going down 6-2 to Baradene and finishing the competition in 6th.





On Monday April 3rd, the team played their final games of the season at the Auckland Secondary School Touch Cup, held at College Rifles Fields. They started strong with 2 convincing wins over St Cuthberts A & B (7 - nil, 6 - nil) and 4-4 draw against Hobsonville Point High School who they met again later in the final. After a huge day of back to back games, HPHS came out on top, so EGGS settled for 2nd; excited to get back out there again in preparation for nationals at the end of the year.

## Athletics

EGGS sent one of their biggest groups yet to the Auckland Central East West Athletics Zones competition and it was a great day out for everyone involved! Stand out performances include Petra Craddock who placed 3rd in the Junior girls 100m and Long jump, Catelyn Aho placing 3rd in the Junior Girls Shot Put and Discus, Ava Bhimy & Zoe Dodson finishing 4= in the Junior Girls high Jump, Yandri Fourie placed 4th in the intermediate girls Triple Jump and our code captain, Leila Daniels placed 3rd in the Senior girls 400m, and 2nd in both the Senior girls 800m and 1500m. Well done everyone! These students, as well as Maneeet Kaur (3000m) and Emma Ward (3000m, 1500m) have qualified for the Auckland Athletics Champs being held at Trust Arena, Waitakere on April 5th.

Good luck to these competitors!





EGGS had 2 students chosen to represent Auckland at the North Island champs held in Palmerston North last week. Following on from their great performances at zones and nationals, Yandri Fourie and Leila Daniels had a very successful competition! Yandri won the open girls race walk in a new U16 Auckland girls record after battling food poisoning on the trip down to Palmy, and Leila finished 2nd in the senior girls 800m, but unfortunately had to scratch from the 1500m and 4x400m relay due to sickness. Amazing results! Well done you two!

## Australian National Athletics Champs

Over the weekend, our Sports Coordinator Bri ventured over to Brisbane to compete in the Australian National Athletics Champs. She finished 6th out of 19 in the Open women's heptathlon with a Javelin pb of 35.71m and an overall heptathlon pb of 5150 in her second ever heptathlon! She said it was great to compete against such a strong field of athletes, especially the commonwealth games 5th place getter, and she is excited to do more heptathlons in Europe soon! Go Bri!



## Auckland Aquathon

It was a beautiful morning out at St Kentigern College for the Auckland Aquathon champs. The water was freezing, so huge credit to our swimmers who braved the cold before passing over to our runners. EGGS was represented by 5 teams; 1 junior, 3 intermediate, 1 senior, where our intermediate team consisting of Olivia Bates and Ava Gatie came out with Silver in the Intermediate grade. Well done!

## Waka Ama

The inaugural College Sport Auckland Waka Ama regatta was held at Orakei basin a few weeks ago where we had 3 teams entered. With a mix of experience and eager to learn paddlers, EGGS finished the day with 1st in the U19 W6 500m plate final and 2nd in U16 W6 250m plate final. The students paddled hard all day and smiles through the rain and shine!

One week after the Auckland Regatta, 7 students travelled down to Rotorua for the NZSS Waka Ama Sprint Nationals. This team consisted of Karamea Hansen, Abigail Liufalani, Mihinoa Tangihaere, Sara Anderson, Bernita Tapuvae, Talulah Tupaea and Leah Finau.

On day 1, Abi paddled in the W1 250m where she went through heats and semis to finish a very impressive 5th in the Senior girls grade! Go Abi! The rest of our team paired up with Hastings Boys High School; a last minute match







up, to race in the Mixed W12 250m. The group came together really well and went all the way through to the finals to finish 12th! On day 2 and 3, EGGs qualified for both the W6 250m and 500m semi finals, but battling tough winds meant they just missed the 500m final! With this being said, it didn't stop them in the 250m race where they finished 5th in the country! A huge week of success for our Waka girls and their management team, so Congratulations to everyone involved!



## Water Polo North Island Champs



Over the weekend our senior A water polo team competed in the North Islands Secondary School Champs and came away with some amazing results. We ended the tournament on a high coming first and getting the gold title in Division 2! Over the weekend our team showed massive amounts of energy and all round worked amazing as a team which our results showed as we won all our games with a significant difference to other teams. Over the course of the tournament our team became closer and that let us play as a team in the water and we are very happy and proud of how well we performed, considering how hard working the team have been leading up to this and how well we have done representing our school! EGGs was the highest scoring team in the tournament, with the best goal difference thanks to the excellent defense effort from the team and our goalie Mayya Tyshetska making 64 saves at the tournament!

Special mention to Ella O'Brien who won the tournament MVP award, and massive thanks to our coaches Quentin Smith, Emma O'Brien, manager Julie Rope, friends, whanau, ex old girls, juniors and new girls to come for the massive support, noise and chants from the stands especially on finals day!



## Water Polo Junior One Day Tournaments

During Term 1 the Junior (Year 9 & 10) water polo players began their training for the year. As part of this we entered teams in all three College Sport run One Day Tournaments.

In the first tournament we entered our Junior A team who came away with a narrow loss against Western Springs Mix team but continued on to beat both St Cuths and Selwyn Mix team. The players showed great team spirit and took away some new skills and tactics from the experience.

The second tournament saw us enter both an A & B team. Second time around the A team had a clean sweep winning all three games showing a controlled defensive structure with set offensive play. The B team playing together for the first time and had two losses and two wins, they showed a developing defensive structure with increased scoring opportunities as they progressed through the tournament.

The final ODT was a combo team of our A and B team with different players learning alongside each other. They finished up with one loss, one draw and a win. Our focus was to have fun, try hard and learn something new, and they all did!

Epsom Waterpolo would like to thank Kap 7 for their very generous donations of new training balls and ball bag, they will be put to good use!

Thank you to all the players who made themselves available to play, it is a great way to start the waterpolo season and get in and give it a go. See you all back for training next term.



## Table Tennis Preseason

The Table Tennis preseason for 2023 started on the 24th February and ended on the 31st March. We had 4 teams compete against other schools at the Auckland Table Tennis Stadium across from school. All the teams played well in their respective grades and congratulations to EGGS 2 for placing first. Well done to everyone for competing in the competition. Thank you to the parents that were able to supervise the games as well. We look forward to playing in the Winter Competition next term.

## 3x3 Basketball Nationals



On March 29th to April 1st, our premier basketball team headed to Bruce Pulman Park to compete in the 2023 3x3 New Zealand Secondary Schools Nationals. They competed against the top schools from around the country across the four days in the Senior Girls Elite Grade. Our girls had shown their determination and skill throughout the tournament in which they came away with great results. After four days and a total of 10 games, the team had one last game against Manurewa High School for 5th and 6th place overall. The team had fought hard to the end, but unfortunately lost to a well driven Manurewa squad. Nonetheless our team was proud of the result from a successful national tournament run in which they placed 6th out of 18 other teams from across the nation. What an outstanding achievement for these girls!

A big congratulations to Draun Forbes who has recently been selected to attend the New Zealand Basketball U17 Girls National Camp. Being selected into this



camp is a huge achievement as only the best 25 athletes from each age group nationwide are selected. Draun is a key player in our premier basketball team and was a part of their successful 3x3 nationals tournament run. The camp will take place from the 13th to 16th of April during the upcoming school holidays in which a team will be selected to compete in the FIBA U17 Oceania Championships later this year. We wish Draun all the best at the national camp!



## Crankworx Mountain Biking



Crankworx is an International mountain bike festival that happens in Rotorua, Cairns, Innsbruck and Whistler. There are a number of disciplines and the classes range from Pro Elite all the way down to CWNEXT (junior amateurs) and then Kidsworx (U12's). Both girls took part in Dual Slalom and the pump track challenge (like BMX), and Emi also took part in the Air Dh (downhill event) at Skyline. Here are their results:

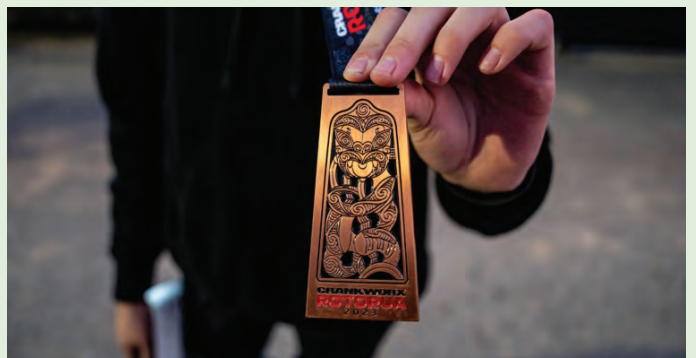
### Emi Summers U15

Air DH - 2nd  
Pump Track - 2nd  
Dual Slalom 1st

### Ursula Summers U17

Pump Track - 3rd  
Dual Slalom - 2nd

We are very proud of both girls and wish them all the very best representing EGGs in the North Island Schools Downhill and Enduro events next week! GOOD LUCK.





## Rowing Maadi Cup

Last week 16 girls from the Epsom rowing team travelled to Lake Karapiro for the New Zealand Secondary School Championships Aon Maadi Regatta. The squad had a very successful time away and the regatta made for an amazing end to the official rowing season. Altogether, Epsom rowing made four A finals and two B finals and came away with some incredible results. A special congratulations to the 15 8 crew- Jessica Walkinshaw, Madeline Donovan, Eden Hogg, Ruth Burge, Amanda Horne, Imogen Wallis, Mia Breen, Monique Lash & Emma Owen (cox) and 17 pair crew- Stevie Mabey and Lily Taucher who both came away with impressive fourths in their A finals. We're so proud of all our girls who went to Maadi and are excited to see what's to come next season. If you're interested in joining rowing and going to regattas like Maadi contact [19296@apps.eggs.school.nz](mailto:19296@apps.eggs.school.nz) or see Clarissa in the Sports Office.



*Stevie Mabey's and Lily Taucher's 17 pair*

### Complete list of our Aon Maadi results:

U17 2-: 4th in the A final (Stevie Mabey/Lily Taucher)

U17 2-: 1st in the B final (Isabelle Welch/Macey Williams)

U15 8+: 4th in the A final (Jessica Walkinshaw, Madeline Donovan, Eden Hogg, Ruth Burge, Amanda Horne, Imogen Wallis, Mia Breen, Monique Lash & Emma Owen)

U15 4+: 4th in the A final (Jessica Walkinshaw, Madeline Donovan, Eden Hogg, Ruth Burge & Emma Owen)

U15 4+: 1st in the B final (Amanda Horne, Imogen Wallis, Mia Breen, Monique Lash & Emily Hammond)



*Epsom Rowing's 15 8+*



*15 4+ posing for a picture at the start line*



*Mornings at Aon Maadi Regatta Lake Karapiro*