EGGSNEWS Epsom Girls Grammar School

Te Kura Tuarua o Ngā Taitamāhine o Maungawhau

Volume 8, Issue 12 - September 2023



Lacrosse - National Champions (page 8)

Dear parents, caregivers and students

You can see the final score in the National Secondary Schools Lacrosse final, in the picture above. The tension was palpable as the score edged up – a goal at a time back and forth between the teams. Extra time saw the game locked at 9 all. Both teams must have been feeling the effects of what had been a game full of excellent defence and striking moments of intercepted play. Both teams had run kilometres, even before extra time started. When I had seen the team play on the Friday afternoon and the Saturday afternoon it seemed to me that the team were playing hard, playing fair and playing clean. Additionally they were showing the magic mix of grit and skill. On the Sunday afternoon as the spectators had their hearts in their mouths, the team continued to show all of these qualities, and when the 10th goal struck home, it was an unforgettable moment. Congratulations to all teams who competed at Nationals and a big thank-you to all the families, supporters, coaches, managers and teachers in charge, as well as the Sports Office team.

On Wednesday night it was a real pleasure to be at the Arts and Cultural Awards Evening. The depth and range of talent in this vibrant part of EGGS life is humbling. Congratulations to all Award and Scholarship recipients, and we look forward to the Community Awards, Learning Awards and Sports Awards Dinner early next term.

News in Wednesday night – Audrey Goggin has won 1st prize in The Arts House Trust 2023 Secondary Schools Art Awards with her work Stitching Together Memories, 2023. Congratulations to Audrey, whose work you will have seen on the cover of last year's Te Kōrero, the School Magazine.

Year 10 students Serena Ebbett-Geary, Addison Ledger, Amelia Hsu, Nethasha Weliwita, Lucy Graham and Caitlyn Wilson are running every day in September to raise money for the Cancer Society (*photo on page 2*). To find out more, and to support their fundraiser– here is the link <u>https://www.youcanforcancer.org.nz/runningforcancer</u>

School finishes at the normal time today for the holidays – I hope everyone has a wonderful holiday break.

Spanish Cultural Day (page 4)

Coming up in Week 1 Mon 9 Oct Term 4 begins

Coming up in Week 2

Tue 17 OctLearning and Community AwardsWed 18 OctSports Dinner

Coming up in Week 3

Mon 23 OctLabour DayWed 25 OctSenior Prize Giving, 2.00-4.00pmFri 27 OctLast day for Year 12 & 13



Ngā mihi Lorraine Pound - Principal

Audrey Goggin



Serena Ebbett-Geary, Addison Ledger, Amelia Hsu, Nethasha Weliwita, Lucy Graham and Caitlyn Wilson are running every day in September to raise money for the Cancer Society.



A visual celebration of all our EGGS moments of 2023. NOT TO BE MISSED! ORDER YOUR COPY NOW VIA THE SCHOOL SHOP

JOIN TEAM RED - help save lives

One new initiative at Epsom Girls is to help save lives by going to the blood donation center with small groups and friends [and occasionally a support friend too] to donate 470mL of whole blood. We started this last week and have already successfully had a few trips there.

If you are keen [and are a student] then fill out the google doc Ms Heeney sent you all [Year 11,12,13] and if you already give blood and are a student you're welcome to come with us. If you are a parent or caregiver who gives blood please join our team. On your settings it will ask if you are in a team – there is one called Epsom Girls Grammar and you can join this – all of your donations will add to the team donations – no names are supplied. We currently have only 18 members who together have saved approximately 258 lives. Our first goal is to help save 1000 lives.



If you are unsure and want to see what happens here is the process in photos.

Any questions or queries to Ms Rachel Heeney [Head of Biology] on rheeney@eggs.school.nz



CURRICULUM NEWS Spanish Department



This term the Spanish Department held an inaugural event to commemorate Spanish culture and language. In week 5, our years 10, 11, 12 and 13 had the opportunity to collaborate with each other and immerse themselves in the language and Hispanic culture for the entire day in the school Hall. The aim of this event was to enable students to practise, enhance and experience Spanish outside the classroom. Students sampled some traditional food from the 'Toro Churro' food truck, learned some Salsa and Merengue steps with our guests from 'Sweet Azúcar' Latin dance studio, and relaxed to Yoga (in Spanish) with Zuleima, our Spanish Language assistant. We are thrilled with how the day went, our students' feedback has been very positive. We would like to express our thanks and gratitude to the French Department for sharing ideas and resources with us.







Writing for Publication Poetry Competition

On August 25th, National Poetry Day, Year 11 Writing for Publication student Anushka Dissanayake was announced as winner of the prize for Best Year 11 poem in the 2023 Poetry Aotearoa Yearbook Student Poetry Competition. Massey University Press will publish Anushka's poem in next year's edition of the Poetry Aotearoa Yearbook. Genesta Hamm, and Adeeba Shaik (current and past members of 11 Writing for Publication) also had their entries named as Highly Commended in their age groups – fantastic achievements for all three students, who deserve our congratulations.



The discipline known as Mau Rākau, meaning "to bear a weapon" such as taiaha and patu, was an art once central to warrior's combat training. The practice now also resides in the modern performance convention that continues to help revive some Maori arts and practices. As with tai chi and other Asian martial arts, every action, movement and weapon-hold in mau rakau is designed to strengthen and make the body more flexible, as much as to defend or attack.

Our Year 10 Te Reo Māori students have been involved in learning more about these practices this term by making and creating their own mau rākau, they have learnt important takutaku (karakia) or Oruaorua whakaoriori (Harmony in motion) to help develop their mau rākau techniques and movements. We have begun and will learn more Āhei or movements until the end of year, to empower our students with ancient Māori mātauranga.





MUSIC NEWS Paradisum



Paradisum were thrilled to have been invited to perform with The Graduate Choir as part of their Spring Concert on the evening of Thursday 21st September. The concert was an exciting evening of music, with a wide vareity of music and performers. The Graduate Choir, one of Aotearoa's leading community choirs, were joined by Paradisum, The Centennial Choir from Mt Albert Grammar School, and Jazz combo Whiskey and Juniper. The concert featured not only classical choral music, but plenty of Jazz classics, and even a special commissioned piece premiered that evening. It was a spectacular night celebrating collaboration and the joy of performing, and Paradisum were honoured to sing two of their pieces from The Big Sing Finale.

Paradisum are incredibly grateful to the Graduate Choir for the chance to join them for their concert, as well as Alison Jepson and Gemma Lee, who joined the choir on the oboe and piano respectively. The concert was a fitting end to what has been a massive term for the choir.

Help Raise Funds for EGGS by shopping at New World Newmarket





New World Newmarket is partnering with EGGS for the Clubcard in Schools sponsorship programme. Every time you shop at New World Newmarket, you will help raise funds for EGGS.

How Does it Work?

- 1. Families will register their Clubcard number with EGGS. No personal information will be required, we just need the number on your New World Clubcard.
- 2. EGGS will register these Clubcard numbers with New World Newmarket.
- 3. When you shop at New World Newmarket and scan your Clubcard, EGGS will benefit.
- 4. New World Newmarket will then donate to EGGS 1% of all sales made with participating Clubcards scanned.

New World Newmarket has 75 dedicated car parking spaces with free parking for 90 minutes. Opening Hours: 7am to 9pm

To register your Clubcard please complete this form

If you have any questions please contact Sue Morse on smorse@eggs.school.nz.

FAQ

How many cards can be linked to NW Newmarket?

As many as we like so please share this with your family and friends and have them complete the form.

Can extended family and friends sign up?

Yes, anyone associated with the School who wants to participate is welcome.

Will this impact participants Clubcard rewards balance?

Not at all. This is a separate programme and all the funding comes direct from NW Newmarket based on the sales from the Clubcards registered. Participating Clubcard members will still collect Clubcard/Flyby/Airpoints rewards as normal when shopping at NW Newmarket.

SPORT

Basketball Junior Regionals



The Junior Premier Basketball team competed at the Regional Junior Competition. This is the highest Junior Basketball Secondary School competition in the Auckland and Northland Region.

The young developing team fought hard in this competition up against some strong competition. The team learnt a lot, grew together as a team and placed 6th overall in this competition.

Special thanks to Wayne for coaching the team and the parent support over the 4 day competition!

Basketball Senior Regionals



In week 7 the Premier Basketball team played in Winter Tournament Week in the Upper North Island Regional Qualifiers to compete for a heavily sought-after spot to qualify for the New Zealand Inter-Secondary Schools Nationals held in Palmerston North in the first week of the Term 3 holidays. After four days of gruelling tough games and overcoming multiple injuries, the girls managed to place 5th and secure their spot in the Nationals, a true testament to their determination and trust in each other to get the job done. Looking forward to seeing the journey to Nats let's go, girls!!



Lacrosse Nationals

The New Zealand Secondary Schools Girls' Lacrosse Nationals were in Auckland this year and held on the fields in Cornwall Park. On the first day, Epsom Girls comfortably won against Morrinsville and Matamata before playing and winning against Cambridge Girls High School on the second day in a tight game 6-5, allowing us to finish first in our pool. We then went on to play MAGS in the semi-finals before progressing to the finals to play St Peters Cambridge for our last game of the 2023 season. It was an incredibly tight final and the girls played with such dedication and resilience which allowed us to win the entire tournament by a golden goal. For the first time since 2017, the Epsom Girls Lacrosse team are the National Champions!

A huge shoutout and thank you to Miss Gunn, Miss Horler, and old girl Sophia Webb for coaching and organising this season and a massive congratulations to both teams for their success and dedication throughout the season.



Curling North Island Secondary Schools

Week, During Tournament Epsom Girls Grammar School entered two Curling teams into the North Island Secondary Schools Competition. Despite Monday's games being cancelled due to the ice melting, both teams made EGGS proud with exceptional results! Team Eggszillas and Team Eggsztravagants competed against Long Bay College, Massey High School and had an intense game against each other ending in a draw, with



Eggsztravagants winning by a fantastic draw shot. Overall, Eggsztravagants placed second in the girls division, while Eggszillas placed third! It's amazing to see how well both teams have improved. Special thanks to our amazing coach Pauline Farra. Epsom Curling hopes to continue this success to the National Secondary Schools Competition at the end of September!

Underwater Hockey Junior Nationals

The team was looking forward to the national competition which was held at West Wave in Auckland this year. The level of competition was very high, as we battled teams from Auckland and around the country. The girls' effort and determination paid off and the team came away as the bronze medal winners for the country!

Brooke Griffiths was named EGGS MVP of the tournament and Eden Hogg and Mila Lyon were both named in the Junior Girls Tournament Team.

Well done to the whole team and our amazing coach Hannah Colquhoun-Petherick for a successful and enjoyable season! We look forward to 2024!



NZSS Golf Championships

From the 31st of August to the 2nd of September, Jackie Jang travelled to Timaru Golf Club to play in the New Zealand Under 19 and the New Zealand Secondary Schools Golf Championships. With over 140 players in the field there was a lot of competition and good golf. Over the three days, Jackie shot rounds of 73, 76 and 71 to finish at one over par and at tied third. Only three shots away from the lead, Jackie was in contention the whole week!



Football Nationals

Day #1 of games began on Monday, going head to head with Onslow College, where EGGS came away with a 8-0 win. Next game vs Hillcrest saw EGGS secure a 9-0 win. 5 goals scored by Tessa Swinson! Day #2 saw us play Otumoetai College – the game was tight and despite our high scores in the previous two games, we won with a 1-0 result; EGGS finishing top of their table. Day #2 Round of 16 crossover games saw us face Diocesan; the first knockout stage. 0-0 at the half, but a quick belter by Tessa Swinson saw us with a 1-0 lead. We almost saw the game out until Dio was rewarded with a corner in the last 5 minutes which they put away to see the full-time



result at 1-1. This meant we went into penalties, and unfortunately, Dio managed to steal the game away from EGGS. A sad day for the team, but we kept on pushing through to the next round! It may not have led us to the finals, but the team ended up placing as high as possible with a 9th place finish (top of the bottom half of the top 16).

Tessa Swinson received the Golden Boot at football nationals for the player with the highest number of goals scored in the tournament.

All in all a memorable, hard fought tournament. EGGS Football says goodbye to eight Year 13 players, who have dedicated their years to the football programme, and have paved a way for those coming through.







A massive thank you to the coaches, Jordan Roberts and Christian Dawson, to TIC Victoria Gaskell, the parent supervisors Emma Carr-Smith and Meredith Purvis, and to the manager Graham Taylor who has dedicated 19 years to EGGS Football!

Hockey Nationals

This year the 1st XI had the opportunity to travel to Tauranga for the Mary Clinton Cup. Due to a challenging school season we were all very excited for the opportunity to play a number of schools from around the country.

Our first few days of competition saw us win our first game of the season 10-0. We went on to win the next two games and come out on top of our pool. We were met with our match in the quarter finals crossover and were unlucky to just miss out on the win 1-2 to the eventual bronze medalists. As we progressed our team faced the obstacles that come with playing everyday. The 1st XI girls left it all out on the field convincingly winning our final game 7-0 to secure 7th place at tournament. Our Captain, Lona Charlick, finished 6th top goal scorer for the tournament on 6 goals.





Overall tournament was a positive experience for everyone in the team, whether it was their first or last tournament playing for EGGS. Tournament gave the team new opportunities, and a space to grow stronger together. To the girls continuing Epsom hockey in the following years, continue to persevere and grow stronger. To the girls moving on from Epsom hockey, we wish you all the best in your hockey journey, and thank you to everyone involved for making this season and tournament possible!



Netball UNISS

We were very fortunate to have had a great management team and parent group supporting our players throughout the build up to UNISS and during, it truly takes a village!, one we are grateful for and could not have done without. It was also great having Nevada and Jacqui onboard as management, joining us for their first UNISS tournament.

We had a few bumps and road blocks throughout the week, however the team remained strong as a unit and supported each other on and off the court. We ended 11th overall, unfortunately we did not secure a spot at Nationals this year. Highlights for the team were the support and strength each player brought to the team, and it showed in the game against Avondale, where the hard work off court shone on court, we were within a three point margin through the majority of the game. There were a lot of positives displayed that week, like determination, commitment, teamwork, self belief and unity; all great values that represented not only our players, but Epsom school with pride.

Fencing



EGGS had three students compete at the NZSS Fencing Champs in Wellington. It was Ruby Chan's final year representing EGGS. Ruby won the Women's Foil event after a hard-fought day of fencing, successfully defending their title as National Secondary Schools Champion for two years.

It wasn't just a physical victory over other fencers; it was also a mental victory. Ruby attributes their success to the help of their coaches, clubmates, and EGGS peers!

Rugby

The Epsom Rugby team participated in the Northern Region Cup during Winter Tournament Week. This was a 15 aside competition involving six girls teams. Throughout the pool rounds Epsom showed great promise and dedication with two convincing wins on day one 34-0 against James Cook and 16-0 against Rosehill. On day two the team carried through this dominance with a 43-0 win against Pukekohe and in our final pool game we beat Kelston Girls 34-0.



We advanced through to the final where we faced Aorere College. We were fortunate enough to play in the Navigation Homes Stadium which consisted of a great crowd and constructed an amazing atmosphere, the team was down at halftime 0-10 and fought back in the second half. However, fell short to a dominant Aorere side, final score being 5-10 and placing Epsom 2nd in the competition.

We are very proud of the efforts and growth that the team demonstrated throughout this tournament. There were some great individual and team efforts during the three days. The talent and skill that is developing within this team is exciting and inspirational for the future of Rugby within Epsom.



Netball Representative Players 2023

The following players have represented their selected centre at a representative level this year. Congratulations on your achievements.

AUCKLAND REPRESENTATIVES: u/18 Sarah Manu and selection for New Zealand Maori Team trial, Shayla Nepia, Sara Anderson, Karamea Hansen who also made the Te Tai Tokerau u19 Maori Netball team. u/16 Ava Putohe, Talilotu Kaifa, Dellis Tuitupuand, Monique Maynard who also made the Samoa under 17 travelling to Samoa, u/14 Jasmine Gill, Lilah Cooke, Catelyn Aho.

HOWICK PAKURANGA REPRESENTATIVES: u/18 Mya Kingi

NORTH HARBOUR REPRESENTATIVES: u/18 LaBelle Kumeroa, u/16 Tiana Chatfield

PAPAKURA REPRESENTATIVES: u/16 Kailah Pati

MANGERE OTAHUHU REPRESENTATIVES: u/16 Asia Malo

Auckland Netball Season Placings

It was really great to see so many players back on court again this year. Although we had a few downs alongside the ups, there were certainly more positives this season. As we continue to improve every season, we want to take this opportunity to celebrate the great moments too. We want to thank our volunteer managers, coaches, umpires and especially our parents for all your support and commitment during the season. To our players, well done on all your achievements and thank you for your commitment to your teams. This year Epsom Girls Grammar won the Champion of Champions trophy awarded to the school with the most points overall.

The following teams have placed top two in their grades this year: Senior teams: Epsom Manukau, Epsom Libby and Epsom Tearle. Year 10 teams: Year 10 Sinclair, Y10 Nagaiya, Y10 Manuopangai, Y10 Prasad. Year 9 teams: Y9 Missen, Y9 Bristow, Y9 Millar, Y9 Prasad.

