

# EGGSNEWS



Epsom Girls  
Grammar School

Volume 7, Issue 6 - May 2022



*Kindness Week held at the end of Term 1*



*Year 11 Physics fun with electricity*

Dear parents, caregivers and students

The term has started well and next week we welcome Year 8 students and their families to Open Afternoon. Thank-you in advance to the various team who are working on this event and to the Year 13 and Year 10 Student Guides. Epsom Girls Grammar School is well-positioned as a school of first choice, with students who are ready to learn, and ready to achieve at the highest levels, including in New Zealand Scholarship Examinations. Additionally, with 42 University Scholarships offered to Epsom students to New Zealand and overseas universities in 2021, it is wonderful to see student effort and achievement rewarded in a way that makes the next steps beyond secondary school supported financially. Students and staff here work together for best outcomes possible and with record NCEA Level 3 results in 2021 we are very pleased that, in a pandemic situation, these outcomes were so positive.

I encourage parents and caregivers to take advantage of the opportunity provided by The Light Project on the 24th of May for an online session - Porn and Young People in Aotearoa - Equipping Parents. We are pleased to welcome parents and caregivers from the Diocesan School and St Cuthbert's College communities, who will also be joining us in this EGGS event. See Page 2 for details.

I would also like to encourage parents new to our school community to consider taking up the invitation to join the PTA. It is a very good way of meeting other parents and becoming involved in the life of the School. The PTA donation supports resourcing right across the School and the committee enjoys seeing these resources in action.

Online senior and junior assemblies continue and in person year level assemblies now mean we can connect much more. Students have started the term very positively and all students are encouraged to join in the wide range of co-curricular activities.



Two reminders – with the first two weeks of the term completed and with colder temperatures arriving, please make sure that students have correct uniform. Students should have the school jersey and either the blazer or the softshell jacket. If undergarments are worn as an extra layer, they are to be out of sight – eg: not long sleeves beneath a short sleeved blouse. Secondly, as emailed Monday 16 May is a Staff Only Day.

Ngā mihi / Regards  
Lorraine Pound - Principal

## ***Coming up in Week 3....***

- Mon 16 May** Teacher Accord day
- Wed 18 May** Pavement Art
- Sat 21 May** Smokefree Rockquest heats

## ***Coming up in Week 4....***

- Tue 24 May** Information Evening (online)
- Fri 27 May** Year 13 Ball

**OPEN  
AFTERNOON**  
**Tuesday, 17 May 2022**



# PORN 101

## PORN & YOUNG PEOPLE IN AOTEAROA — EQUIPPING PARENTS

*Equipping parents with the skills and confidence to engage in positive porn conversations.*

Porn is now a primary sexual learning tool for many young people in Aotearoa, shaping youth sexual culture in new and diverse ways. The Light Project is providing evidence-based workshops for parents and wider whānau to help equip them with knowledge and confidence to understand and support young people in today's online world.

### WHO SHOULD ATTEND?

The school parent community and whānau wanting to be equipped to positively engage in the porn conversation.

**Tuesday 24th May, 7pm - 8:30pm**  
**This online workshop is 1hr 30mins.**

**Zoom link:**  
<https://us06web.zoom.us/j/82714481581?pwd=VGp0QlZLMdhhcXdxYXptUDFES2J5dz09>

**Meeting ID: 827 1448 1581**  
**Passcode: 059184**

### KEY TOPICS COVERED

- **The new online porn landscape:** the porn industry, content, trends, messaging and marketing.
- **NZ young people and porn:** NZ research on youth consumption, experiences and behaviours, and the youth voice on porn related issues.
- **How porn is impacting young people:** sexual attitudes, behaviours, sexual health and mental health impacts.
- **Conversation tools and strategies:** tools for effectively engaging young people in safe and nonjudgmental porn conversations and developing porn literacy skills.
- **Filters, tools and NZ support services:** apps and online support for porn related issues, tools, strategies and pathways for problematic porn usage.

**[www.thelightproject.co.nz](http://www.thelightproject.co.nz)**

**No RSVP necessary.**

## Gateway @ Epsom Girls Grammar School

Epsom Girls Grammar School is fortunate to be able to offer the Gateway programme to a select group of Year 12 and 13 students. Gateway is an initiative funded by the Tertiary Education Commission and designed to support school students' transition into the workforce by offering them workplace learning while at secondary school.

We work with our selected students to find them work placements (generally about 5 days) in workplaces that align with their career interests. In the past we have had students placed in a broad range of business sectors including construction, agriculture, equine, legal, marketing, finance, retail, hospitality, travel, early childhood, and engineering.

We are currently looking for placements for students in:

- Retail/Fashion
- Floristry
- Digital design/Advertising
- Interior Design
- Law
- General Business/Office roles
- Hospitality
- Allied Health

If you would like to find out more or think you may be able to offer one of our Epsom Gateway students an opportunity to experience a work placement during 2022, please contact Mrs Sonya Sleight at [ssleight@eggs.school.nz](mailto:ssleight@eggs.school.nz)

## Roll n Smile is back on this year!



On Wednesdays, at lunchtime, Roller Skaters are welcome to come and skate in the Old Gym. BYO skates and protective gear (I have a spare pair of size 9 impalas to loan). All year levels and ability welcome – rollerblades are OK. We just play music, skate and laugh.

Email Mrs Martin if you have any questions or just show up on Wednesday - [mmartin@eggs.school.nz](mailto:mmartin@eggs.school.nz)



## EGGS PTA – New members for 2022

The Parent and Teacher Association (PTA) is looking for new members for 2022.

The PTA is a committee that gives parents a way to be further connected to the school. The parents who have been involved in the committee speak of the greater understanding that they gain about what is happening in the school and also the positive relationships that they form with other parents across all year levels.

We are looking for a new member to take on the Chairperson role and another new member to take on the Secretary role. We are also looking for new committee members. It would be great to have some new Year 9 families join the committee.

Below are some key points that people considering joining may want to know.

- All meetings are on Zoom
- The main roles of the members are to support the school at key events like open evening and pre-enrolment day. On these days you speak with new and prospective parents
- The PTA gains good funding from our school community so another key role is allocating this funding to projects within the school to benefit the students.
- The PTA at EGGS does not run fundraising events at present.
- Further information can be found [here](#)

If you are interested in joining the committee or finding out more information please contact [cknowles@eggs.school.nz](mailto:cknowles@eggs.school.nz)

## Homestay Families Required

The Epsom Girls Grammar School International Department is delighted to welcome back International Students from this July.

We are looking for families who can provide a caring and supportive home environment for an international student. If English is your first language, you have a spare room and live within close distance to school, we look forward to hearing from you.

Hosting an international student is an enriching experience and a wonderful opportunity to share your family life, Kiwi culture and hospitality, experience other cultures and learn more about the world. NZ\$325 per week is paid to cover full board.

Please call Jo Bostock on 970 6757 for further information or email [accommodation@eggs.school.nz](mailto:accommodation@eggs.school.nz)



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# CAREER ED

EGGS CAREER EDUCATION NEWSLETTER

## HOW TO MAKE AN EFFECTIVE CAREER DECISION



Making a career decision can be complicated whether we are in secondary school or whether we have been in the work force for some time. A key part of making a career decision is being aware of your interests, preferences and values. Secondary students benefit from being exposed to a range of different career options while simultaneously developing their own employability skills. All EGGS students are welcome to book a career development session. These sessions help students grow their confidence and their self-awareness. Students can book a career development session here: <https://eggscareereducation.simplybook.me>

### OPEN DAYS

IF YOUR YEAR 13 STUDENT IS CONSIDERING UNI IN 2023, BE SURE TO CHECK OUT THE UPCOMING OPEN DAYS:

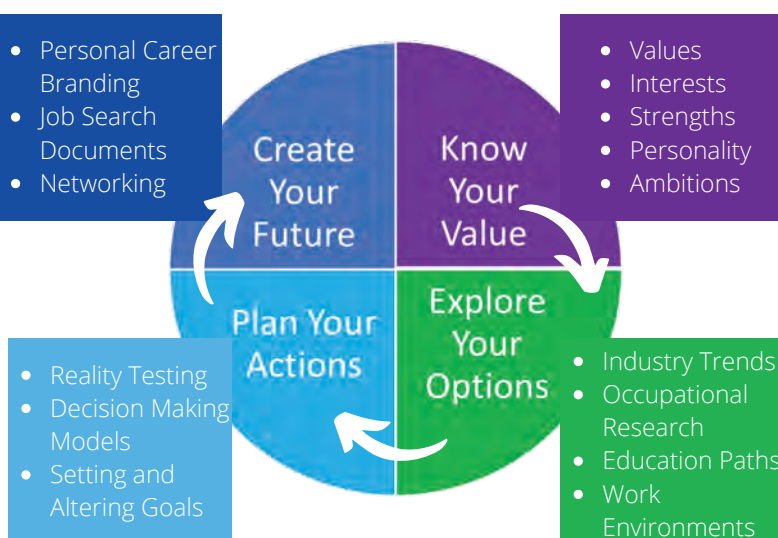
WAIKATO  
LINCOLN  
OTAGO  
MASSEY

27 MAY  
22 JULY  
31 JULY AND 1 AUG  
03 AUG (MANAWATU)  
26 AUG (WELLINGTON)  
09 SEP (AUCKLAND)

VICTORIA  
UOA AND AUT  
CANTERBURY

26 AUG  
27 AUG  
09 SEP

### CAREER DEVELOPMENT MODEL



### SCHOLARSHIPS

YEAR 13 STUDENTS INTERESTED IN **LAW:**  
[AUCKLAND WOMEN LAWYERS ASSOCIATION SCHOLARSHIP](#)

- \$5000 PER YEAR FOR 4 YEARS
- APPLICATION DEADLINE: MAY 29 2022

YEAR 13 STUDENTS INTERESTED IN **BACHELOR OF PROPERTY:**

[KEYSTONE TRUST SCHOOL LEAVER'S SCHOLARSHIPS](#)

- \$5000 PER YEAR FOR 3 YEARS
- APPLICATION DEADLINE: AUG 12 2022

CONTACT US: <https://eggscareereducation.simplybook.me>



# CURRICULUM NEWS

## EGGS Inaugural Pseudoscience Festival

On Wednesday 13 April the two Year 9 Philosophy Classes presented activity stalls at our inaugural Pseudoscience Festival. This was an opportunity for students to showcase their inquiry mahi and to demonstrate the pseudosciences they had been evaluating to visitors. Science teachers, tutor teachers, the Senior Management team and a Year 11 Philosophy class were invited to trial out a variety of pseudo science practices.

The Year 9 students put a great deal of care and creativity into their stalls. There was forest bathing where subjects sat in front of hedges and had leaves thrown upon them to dispel negativity. Hannah Fowler and Ruby Waetford conducted a thorough crystal reading, where participants were invited to select aspects of their life for self improvement and to hold the respective crystals for their empowering vibes. Their peers and teachers were definitely impressed by their professional practice. Also on offer was cryptozoology, where participants could look at evidence of the Lochness monster and mythical cryptids to consider the verity of their existence and why people would want to believe in the existence of undiscovered beings? Handwriting analysis, palm reading and manifestation activities were also demonstrated with skill and fun. Astrology stalls and psychic readings used confirmation bias and the Barnum effect on participants with limited success. There was lively korero on the distinction between science and pseudoscience, and the benefits of pseudosciences weighed against possible harms.

It was a lovely opportunity for a community of learning to be shared. Curiosity and collaboration were at the forefront of this entertaining day. Mā ngā huruhuru ka rere te manu, adorn the bird with feathers and it will fly.





*Year 11 Physics fun with electricity*



*Year 9 fun with dry ice*



## ARTS AND CULTURAL NEWS

### Kindness Week

Term 1 finished with a bang with the prefect-organised Kindness Week, filled with fun activities to inspire kindness and a community spirit. Thursday lunchtime, the Arts & Cultural prefect team organised a photo wall outside the school hall where students and teachers could celebrate gratitude towards their friends. It ran with great success and we hope this event will continue as a tradition in future years.



### Megaschools

The students in the Megaschools group this year have worked incredibly hard to achieve an exciting 3-minute dance to take to Hip Hop nationals. Due to the circumstances the competition is held online this year. We are filming our video entry tomorrow and Thursday for the competition as placings happen the next week. The students are excited and they can see that their training and talent has paid off. As a crew we are currently cleaning and making the dance look as seamless as possible. The students are all looking forward to placements for the competition, and the adrenaline and nerves are kicking in closer as filming days approach.

## Swimming

### Auckland Champ of Champs Swimming Competition

Before the end of Term 1 we attended the Auckland Champ of Champs Swimming Competition.

Results as below:

Grace Baik – Gold in Senior Girls 50m Butterfly

Amorita Nehoa – Gold in Intermediate Girls 50m Breaststroke

Olivia Bates – Bronze in Junior Girls 50m Breaststroke

Congratulations to everyone involved.



## Waterpolo



The Senior A Epsom Waterpolo team travelled to Tauranga for the Division 2 New Zealand Secondary Schools National Tournament over the holidays. The team had an outstanding tournament with some very intense and entertaining games, as well as making huge progress in their team play and tactics. A major highlight of the tournament was knocking out the Diocesan B team in the quarter-finals in a game that went to a double penalty shoot out! Epsom then faced a tough semi-final against Carmel College only missing out by 1 goal and in the bronze medal match the team went down 3-4 to St Cuthbert's A in a hard fought battle.

A massive well done to the team for their efforts across the tournament, especially captain Amy Keating, Olivia Burt, Isobel Allan and Emma Wilson (Year 13s) who left it all in the pool in their last games for Epsom. We also farewell team manager Manon Keating who has managed the Senior team for the last few years - an absolute superstar who will be missed! Finally a big thanks to the new coach Emma O'Brien for showing beautiful passion and commitment in her role as Epsom Waterpolo coach and taking this team and the waterpolo programme to new levels. We can't wait to see what the rest of the year has in store for EGGS Waterpolo including the Junior league and tournaments!



## Tongan Relief Campaign

Join EGGs Sport in our mission to support the Blues on their campaign to help bring normality back to those affected by the Tongan volcanic eruption and tsunami in early 2022.

The aim is to collect as many pairs of pre-loved sports shoes. Look out for the Blues Bin outside the Sports Office! Come along and drop off any of your pre-loved sports shoes you would like to donate



### BEST FOOT FORWARD FOR TONGA



Early 2022, Tonga was hit hard by a life changing natural disaster. As the dust settles we want to support our Tongan community in the next phase of their relief. Our aim at the Blues is to help bring some normality to our Tongan whānau the best way we can. And that way is through sport. Our mission through **Blues Best Foot Forward - For Tonga** is to collect **20,000** pairs of pre-loved shoes! And we need your help.

If you have sport shoes that you no longer wear and they are in pretty good nick, we would love to donate them to Tonga on your behalf. **Just make sure you tie the laces together before donating them!** Look out for our collection bins at selected schools in our region or drop them in to Blues HQ. For a full list of drop off locations or to register your interest as a collection point, head to:

[www.blues.rugby/bff-for-tonga](http://www.blues.rugby/bff-for-tonga)



THANKS TO

MONDIALE VGL

