

EGGSNEWS



Epsom Girls
Grammar School

Te Kura Tuarua o Ngā Taitamāhine o Maungawhau

Volume 7, Issue 17 - December 2022



Year 10 Camp - Pataua South (article on page 6)

Tēnā koutou parents, caregivers and students,

Congratulations to Anya Chaplow (Underwater Hockey), Tessa Swinson (Ultimate) and Sophia Webb (Lacrosse) on winning their category in the Young Sportsperson of the Year Awards. With a total of 15 finalists across a wide range of sports, all of these students have achieved at a very high level in their respective sports.

When I visited Year 10 Camp it was wonderful to see all of the activities – the students did so well and staff were impressed at the can-do approach of so many. The value of the Year 10 Camp can't be underestimated – it provides a completely different environment and opportunities to learn together. Next year Year 10 Camp should be able to go ahead in Term 1 and we are looking forward to everyone participating.

On page 4 you can see an advertisement for homestay families for international students for 2023. If you are interested in welcoming an international student into your family, or if you think a friend or relative may be interested in this, it can be a very rewarding experience. Lifelong family to family connections often result and providing a warm and welcoming home away from home is so important for these students.

The school year will finish after Junior Prizegiving on Wednesday 14 December – the ceremony starts at 10.00am and is usually finished by 12 noon. We hope that parents and caregivers are able to join us on that morning in the Marjory Adams Hall to celebrate the academic achievements of Year 9 and 10 students.

I was at an Old Girls Association Morning Tea this week and what struck me was the lasting memories of these women's school years and the lifelong friendships they made. So many of them talked to me about the impact their teachers had on them through a pivotal moment of kindness or a comment that made them realise that they were actually very good at a certain subject. Some also talked of a moment that made them realise that sometimes things needed hard work, or that they needed a bit of a hurry up to put their best foot forward to be able to show themselves what they could do, and what may be possible in the future. Epsom

Coming up in Week 8...

Tue 6 Dec	Graduation Dinner
Wed 7-8	Year 12 Leadership Training

Coming up in Week 9...

Wed 14 Dec	Junior Prizegiving 10.00am
	End of Term 4

Starting Dates for 2023

Wed 1 Feb	Powhiri - 10.30am (all new students)
Thur 2 Feb	All year levels - 10.30am
Fri 3 Feb	Normal times for the whole school - 8.30am



Girls Grammar School alumnae make you realise that women feeling 'liberated' and having agency over career direction decisions has been a feature here for a very long time. As the year draws to an end I hope that ākonga here today feel that they can look back on the year and feel that they can develop that sort of agency, independence and confidence.

It has been a big year – with schools open all year, and with the disruptions that have come with the omicron waves. I want to thank students for showing resilience through the year, and for seizing opportunities in the classroom and in the co-curricular programme.

Wishing everyone well for a very happy and important family time of Christmas and summer holidays.... if it will just stop raining....

Ka kite ano.

Ngā mihi / Regards

Lorraine Pound – Principal



Auckland City Mission Christmas Collection

All year 9 and 10 tutor classes are currently working to decorate and fill a box which will be delivered to a family in need in time for Christmas.



All of the beautiful (and full!!!) boxes will be displayed on the Hall Stage during our final singing and prize-giving practices on Tuesday 13 December. Boxes will then be collected by the City Mission that lunchtime. Tutor group representatives will be invited to come and have a photo taken with the collection truck and help load the goodies!

The types of things which would be ideal for inclusion in the gift boxes are:

- non-perishable food items such as:
 - canned fish
 - canned vegetables (baked beans, beetroot, corn, tomatoes)
 - canned fruit
 - spreads (marmite, peanut butter)
 - rice, pasta, grains, nuts
 - olive oil, dressings, maple syrup
 - chutney / relish
- toiletries such as shampoo and conditioner, sunscreen, soap and moisturiser.

Please think about what you can donate to this worthy cause and send the items to school next week or by Monday 12 December at the latest.

Your donations will be most gratefully received!!!



UNIFORM/STATIONERY SHOP HOURS

Additional Hours 2022

Saturday December 3rd 11am – 3pm

The shop will be closed from Wednesday December 14th until Tuesday January 17th, 2023

Additional Hours 2023

Tuesday January 17th 10am – 4pm

Wednesday January 18th 10am – 4pm

Thursday January 19th 10am – 4pm

Friday January 20th 11am – 3pm

Saturday January 21st 11am – 3pm

Monday January 23rd 10am – 4pm

Tuesday January 24th 10am – 4pm

Wednesday January 25th 10am – 4pm

Thursday January 26th 10am – 4pm

Friday January 27th 11am – 3pm

Monday January 30th CLOSED

Tuesday January 31st 10am – 4pm

Wednesday February 1st 10am – 4pm

Monday February 6th .. CLOSED

CURRICULUM NEWS

Year 11 Drama

Year 11 Drama finished the year with laughter, learning how to clown in a way that is authentic and recognises what features create humour in a scene.

Prior to this, they presented performances of "Children of the Black Skirt" by Angela Betzien and "Stories in the Dark" by Debra Oswald. These performances were held at lunchtime to an invited audience of friends and family. 11 Drama learnt how to be flexible when people were inevitably away, how to work positively as a member of an ensemble and how to perform with confidence.

Year 9 students, Zoe Weisz-Emmett and Kristina Duesing learnt how to operate the lighting board and use sound as Technicians for "Stories in the Dark".



Children of the Black Skirt



LOCKERS

A reminder that students need to remove locks and clear lockers before **Wednesday 14 December**. Any items left in lockers after this date will be removed and disposed of by school staff.

Year 10 Drama

On Monday 21st November, full year, Year 10 Drama walked up to Kohia Terrace School to perform to the Years 0-3 syndicate. They performed "The Gruffalo" and "Three Bears: Sort Of" as part of a unit on Children's Theatre. The primary school children were so responsive and spoke along with the words they knew from "The Gruffalo". Our students gained a boost of confidence performing in front of an unknown audience and enjoyed the laughter and focus they received during their performance.



Homestay Families Required – January 2023

In January, 2023, the Epsom Girls Grammar School International Department is delighted to welcome short and long term International Students from Asia, South America and Europe etc.

We are looking for families who can provide a caring and supportive home environment for an international student. If English is your first language, you have a spare room and live within close distance to school, we look forward to hearing from you.

Hosting an international student is an enriching experience and a wonderful opportunity to share your family life, Kiwi culture and hospitality, experience other cultures and learn more about the world.

In 2023, NZ\$335 per week is paid to cover full board.



Please call Jo Bostock on 970 6757 for further information or email accommodation@eggs.school.nz

Auckland Performing Arts Academy - Grease

Aimee Waterhouse (Year 11) will be performing with Auckland Performing Arts Academy (APAA) in Grease at the ASB Waterfront Theatre in Wynyard Quarter. More than forty 15-21 year old APAA students will perform four evening shows from Friday 16th to Monday 19th December. 10% of all box office revenue from the final show will be donated to Breast Cancer Foundation NZ, in memory of the most famous Sandy of them all, Olivia Newton-John.

Tickets can be purchased through the theatre at <https://tinyurl.com/5yr7cv4r> or via Ticketmaster at: <https://tinyurl.com/ycy8sx5z> (where you can also buy tickets to APAA's junior version of Grease (Young@Part), showing as matinees from Saturday 17th to Monday 19th featuring APAA's 4-14 year old students presenting a 70-minute, age-appropriate version of the show for families with younger children).



AUCKLAND PERFORMING ARTS ACADEMY'S
PRODUCTION OF

ASB
WATERFRONT
THEATRE

16-19 DEC

BOOK YOUR TICKETS AT:
ASBWATERFRONTTHEATRE.CO.NZ
OR TICKETMASTER.CO.NZ

BOOK, MUSIC AND LYRICS BY
JIM JACOBS AND WARREN CASEY

LOGO CREATED AND DESIGNED BY MAGGIE TAFT AND HARRY BOGOSIAN
BY ARRANGEMENT WITH ORIGIN™ THEATRICAL WWW.ORIGINTHEATRICAL.COM.AU



Year 10 Science doing some fun forces and motion experiments.

Year 10 Camp - November 2022

This year we were able to finally send our year 10 students to the much anticipated Year 10 Camp. The students travelled up to Pataua South where they spent three days with their tutor class participating in a range of activities. Activities consist of surfing, beach education, sit on top kayaks, snorkeling, raft building, mindfulness yoga, biking, paddle boarding and orienteering.

During their time at camp students were able to gain new skills in areas they have not experienced before, such as sleeping in tents, cooking their own meals and learning to work and interact with their tutor class. It is a highlight of the school year for most of these students, and it is always a pleasure to put on such a successful camp.

We are so fortunate to have had the opportunity to run camp again, and give these students the opportunity to step out of their comfort zones, challenge themselves and support one another throughout their time at camp. There were many highlights throughout the week, and we know students have come away with new memories and friendships that will last a lifetime.

Thank you to all those involved in helping organise and run the camp for our Year 10 students.



Year 9 Tutor Class Performance Challenge 2022

Over the past few weeks, the focus for our Year 9 tutor classes has been preparing to perform for the rest of their cohort in this fun event. Students have been working together to create a whole class performance depicting one or more of our school values... Courage, Curiosity, Community or Compassion.

It was clear that a lot of time, effort and coordination had gone into creating the final performances. A number of students have shown wonderful leadership and choreographic skills during this process, and it certainly seemed like everyone contributed in some way to the very successful outcomes.

We all enjoyed a fabulous morning, and it was wonderful to see the high levels of participation, enthusiasm and enjoyment from our students and their tutors. We also appreciated the support and respect which was shown by the audience for all of the other performers.

We hope everyone enjoyed the performances as much as we did!!!



'KA HIKITIA - CELEBRATING OUR KŌHINE'

Ka hikitia i tana iwi, ka hikitia i tana waka

The waka uplifts us as a people, just as we uplift the waka

Kia ora e te whānau,

As the year draws to a close the Ka Hikitia team would like to thank all of the ākonga, whānau, staff, Board, kaumātua, and members of the wider community for everything you have done to help us in 2022 - ngā mihi nunui ki a koutou katoa. The year has been a challenging one, but we hope that we have accepted and risen to those challenges, as we continue to address them and enhance things for future students and whānau here at EGGs.

Here a few things we shared in our last pānui to whānau Māori and whānau of Te Reo Māori students - we now share them here with our wider school community. May you all have a peaceful and joyful festive season and holiday and we look forward to seeing you in 2023.

A reminder that Ka Hikitia is all about lifting and celebrating our successes as Māori, just like we lift a waka into the water or carry our people into the future (see here for a kōrero about Tā Kingi Ihaka's waiata 'Utaina' which talks about carrying our waka and iwi). 'Ehara taku toa i te toa takitahi, engari taku toa i te toa takitini' - 'My success is not mine alone, but brought about by many.' Thanks again to all who have contributed to our students' successes - nō reira, tēnā koutou, tēnā koutou, tēnā koutou katoa.

Congratulations to our 2023 Leaders

Congratulations to **Mikaya Kaipo** (Ngāpuhi, Te Aupōuri, Te Rarawa) who will lead the school in 2023 as a member of the Head Prefect Team. Mikaya will be one of three Deputy Head Prefects along with Andrea Ape-Paia and Cindy Kim. Arina Chaptynova is our new Head Prefect. Congratulations Arina.

Congratulations to **Mia Bullivant** (Ngāti Pikiao Te Arawa) who will lead the Arts and Culture EGG as a prefect alongside Angari Isara, Ruby Naufahu and Libby Yee.

Congratulations to **Anika Lomax** (Te Aitanga-a-Māhaki) who will lead the Community EGG as a prefect alongside Elizabeth Buchanan, Katherine Fulton and Coeun Ham.

Congratulations to **Tessa Swinson** (Ngāti Hauti, Ngāti Tūwharetoa) who will lead the Sports EGG as a prefect alongside Lara Colpi, Maya Fowler, and Sarah Manu.

Congratulations to **Amiria Wiki** (Te Aupōuri) who has been selected for our inaugural Ka Hikitia prefect position. Amiria will join the Ka Hikitia team which aims to support ākonga Māori to achieve success as Māori while at our kura, and in alignment with the [Ka Hikitia MOE strategy](#). We regard the aims and full expression of the job description as being flexible and a work in progress, as we work with ākonga, whānau, and our kaiako Māori to define it further. We believe however that it also entails the ability to provide advice, knowledge, guidance and support to the shape of events, learning, and teaching, within our kura in order to support the principles of Te Tiriti o Waitangi and uphold the unique place that Māori have in this kura as tangata whenua. This is a new role and will be developed through the year, supported by other ākonga Māori leaders, the wider Ka Hikitia team and the Community EGG.



*Some of our leaders from left to right:
Amiria Wiki, Mikaya Kaipo, and Mia Bullivant*

Congratulations to our new School Board

As many of you will know already we have a new School Board and a new Board Chair, Tahei Simpson, who happens to be an Old Girl and a māmā of one of our Tau 12 students. Tui Kaumoana also continues in her role as Te Whānau Āwhina Representative and Kirstin Kane, an Old Girl, is also a māmā to two of our ākonga Māori. Other members of the School Board include Michael Alofa, Murray Burt, Michael Chen, Tovia Va'aelua, Charlotte Bratley (student rep), Rachel Heeney (staff rep), Lorraine Pound (Principal), Andy Patrick, Ngā mihi nui ki a koutou katoa e ngā mema o te Poari - we congratulate all Board members and look forward to the fruits of your mahi over the next three years.

Congratulations to our new permanent full-time Kaiako i te Reo Māori

We are thrilled to inform you that we have managed to secure Matua Vinny in a permanent full-time position next year. Matua will be a permanent full-time Kaiako i te Reo Māori alongside our HOD Te Reo Māori Whaea Jacqs. Jacqs holds the position of Kaitiaki which involves supporting the school in honouring Te Tiriti o Waitangi and our status as tangata whenua in our different rohe, as well as Ngāti Whātua o Ōrākei as tangata whenua of this part of Tāmaki Makaurau, and while also acknowledging the connections of other iwi. The Kaitiaki supports key tasks and events including pōwhiri, karakia, the care and use of Hinemāia, Waitangi Day, Matariki, and Te Wiki o Te Reo Māori. The ISL roles involve a commitment to growing expertise through Professional Development to increase the understanding of our school community, including Te Ao Māori, Tikanga Māori, Aotearoa NZ Histories, Māna Ōrite mō te Mātauranga Māori, and the guiding principles of Ka Hikitia. Ka nui te koa kua whakaae mai koe Matua kia noho tonu ki tō mātou kura hai pou tūara mō tātou.

Mihi Aroha - Leavers' Event for all Tau 13 Ākonga Māori

As mentioned earlier, all Tau 13 Ākonga Māori are warmly invited to our Mihi Aroha on the 7th of December at 6pm. Over the years we have acknowledged our Māori leavers in various ways, even online in lockdown. Last year we decided to begin a tradition whereby all Tau 13 ākonga Māori leavers would also receive a certificate for completing Tau 13, and those who had taken Te Reo Māori or contributed to Kaupapa Māori in the school would also receive pounamu, while Kapa Haka leavers receive bone heru. The idea is also that our Tau 9-12 ākonga will wait on our Tau 13 and whānau, so if you and your whānau can help please let us know.

[RSVP to the Mihi Aroha Leavers' Event, supported by Years 9-12 and offers of whānau help.](#)

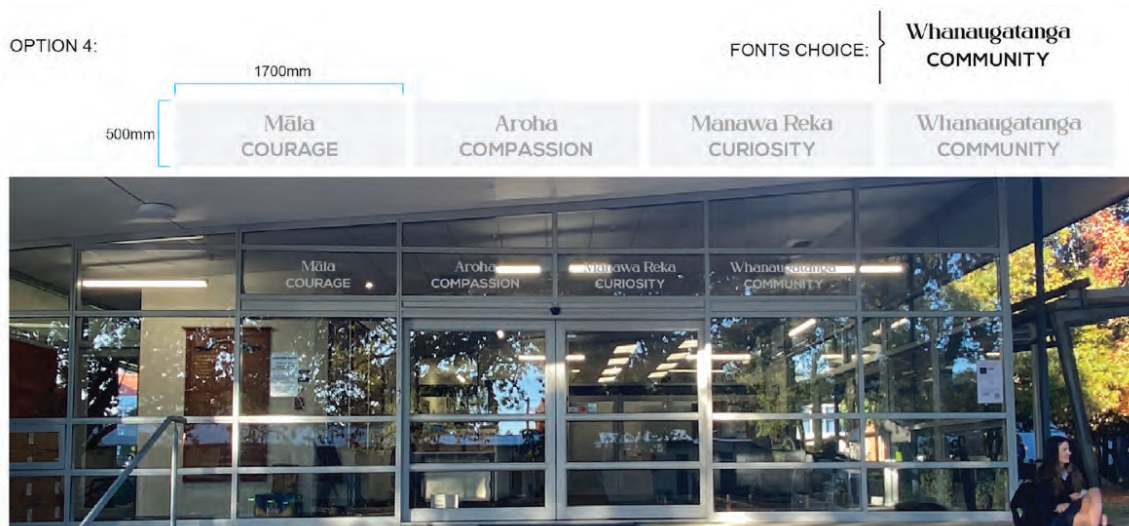
'World's Soul: Nature and Culture' - Exchange with Italy

An opportunity has arisen for our current Tau 9 and 10 ākonga (and possibly next year's intake of Tau 9) to participate in this project which involves EGGs, AUT, and Liceo Scientifico Statale "G.Galilei" Borgomanero Gozzano, a secondary school in Italy, exchanging knowledge and world view in collaboration with the Italian MOE and in connection with the United Nations 2030 Agenda. The project involves an online exchange of mātauranga culminating in two visits to each other's countries, with a group of 10-15 Italians coming here in 2024 and a group of us going to Italy in 2025. If you and your tamaiti are interested in finding out more please let us know [here](#) and we'll provide you with more info.

Hui Āwhina

There is a need to increase whānau support to help with different areas within this rōpū. These include attendance at Hui, organising social whānau events, providing expertise in specific cultural and learning areas, helping to plan and reconnect with the Māori Old Girls' Network, Kapa Haka, and celebrations throughout the year. See these minutes for further details [Minutes from the hui Āwhina on the 26th of October](#)

The PTA have generously offered to fund the four values, bilingually, to be displayed on the glass at reception. This will be a proud display of our school values in the physical environment.





Miriama Soutar - Youth MP

Tena koutou katoa. Nga mihi nui kia koutou katoa.

Ko Miriama toku ingoa.

So in July I had the privilege of becoming a Youth MP - what's that you may ask? Well, my mum came up to me one day and said, "Hey Ama, I signed you up for a political campaign Parliament does every three years in the house of chambers," and I said great because I'm a nerd who actually loves politics.



The Government gave me a Member of Parliament to shadow, in Wellington for three days, with 150 other students from all around Aotearoa. I had to write a speech, sit in the seat of Labour MP Launa Lidia and kōrero, a 3-minute political speech live for the world to see. It was fun! I was able to meet and do everything a real MP does daily.

I met Dr Ashley Bloomfield and Governor General Cindy Kiro and we all had supper with Prime Minister Jacinda Ardern. I made so many friends during this campaign. Some of the other students were really kind and intelligent young men, women and people and I was extremely sad to leave them after just three days.

They toured us around The House of Government and most of the accessible rooms in Parliament. One of my favourite places in the whole building was one of its hallways. It was adorned wall to wall with portraits of important public elected officials. In the first half of the hall, it was black and white portraits of old white men, and although they were great minds, it's clear they had certain advantages to being there, but as the hallway went along and the portraits started getting closer to the 20th century, slowly, the portraits changed with more and more Maori and women officials came into view. It warmed my heart knowing that although we are unfinished we are moving in the right direction.

I encourage every young person to dive deeper into their passion. Sign up for events and courses and see where they take you! Tamariki, Fill your kete and your life with great experience so you can better understand how to help fix this world when it breaks.

Link to Miriama's korero at the Youth Parliament: <https://youtu.be/me2uhycr3OU>

For ākongā:

Get involved in Kotahitanga 2023: Kotahitanga is a student led group for ākongā Māori. Members enjoy participating in and planning events, attending workshops and field trips together and supporting kaupapa Māori events in the school such as Hāngi, Matariki and Māori Language Week. Each year level will appoint a year level rep for Kotahitanga.

Join Kapa Haka 2023: We are a very welcoming rōpū, offering a lot of support to new members regardless of the prior experience with Kapa Haka. This is a great way to make new friends.

Ka Hikitia section in the newsletter: please let us know if your tamaiti or any other ākongā has achieved anything either within the kura or outside of the kura that we should know about and profile in the Ka Hikitia section of our newsletter. Please include as many details as possible, as well as their name, iwi affiliation, age, and year level. Let's celebrate the many successes of our tamariki mokopuna!

Kati ake, that is all from us for now.

Ngā mihi nui, nā mātou ko Ka Hikitia.



MUSIC LESSONS AND GROUPS FOR 2023

After a fabulous year of being able to share our music-making again, we are in full planning mode for 2023. If students are interested in taking instrumental/voice lessons or joining a co-curricular music group, all information and sign up forms are available now on our school website.

<https://www.eggs.school.nz/eggs-life/co-curricular/music/>

The forms are also available on eLearn. Please complete forms as soon as possible to help with our planning.

COUNSELLOR'S CORNER

Haere mai and welcome to Counsellor's Corner. We are serious about hauora and we want to encourage whānau to support the wellbeing of their children and themselves.

Caring for our wellbeing starts with the basics. It is far too often we hear students are not taking care of themselves when it comes to the foundations. Here are some tips to stay well this summer.

Sleep - Tips for Getting to Snooze Town:

- Be the change you want to see - model good sleep habits by putting away your phone and laptop as a parent an hour before bedtime. Read books, play a board game, tidy up, or have a bath.
- School starting soon? At least 2 weeks out, make structures to encourage good sleep habits, like regular bedtimes and wake up times in the week and weekends.

Exercise - Tips for Staying Active:

- Walks! There are so many amazing neighbourhoods around Tāmaki Makaurau. Pop on some sneakers, bring your takeaway cup, and explore this city. Have you walked the Coast to Coast walkway from Britomart to Onehunga yet?
- Try a new activity - surfing, tennis, kapa haka, latin dance, yoga, hand stands in the ocean. Anything that gets you moving and brings fun is welcome. As a parent, get out of your comfort zone and try something new. This helps your teen feel more able to do the same.
- Celebrate your body and everything it can do. Try to focus on your body's capacity and pleasure of movement, rather than framing exercise as 'healthy' or about weight. Moving is natural to humans and should be fun!

Food - Tips for Nourishing Yourself:

- Food is life, energy, and culture. Enjoying food together without attaching moral judgements - ie. 'bad' birthday cake - is a way to help your teen have a positive relationship with food.
- Nutritious food encourages overall wellbeing and can contribute to how we feel about ourselves.
- Have fun exploring food. Learn to cook or bake. Try a restaurant with bold flavours. Have a potluck with whānau.

Putting time and aroha into yourself will support your wellbeing this summer.

We look forward to providing you with more tips and deeper conversations in the EGGs newsletter in 2023.

Noho ora mai,
The Counselling Team

Sports Dinner 2022

After 2 years of putting our annual Sports Dinner on hold, our students were finally able to celebrate their successes after a full year of sport. The night was celebrated with over 350 students, coaches, managers, parents and TICs at Alexandra Park. Everyone had a fantastic night, celebrating sports at Epsom, having a succulent dinner and taking plenty of photos with friends and family.

A special mention and thank you to Gary and Janine Colquhoun-Petherick and Jo Hazard for their years of service to Underwater Hockey and Hockey respectively. They have volunteered and provided so much to the two sports and we greatly appreciate them for all they have done!

SPECIAL AWARDS

Lois Dalley Memorial Cup- Sportsperson of the Year- Winner: Sienna Neill & Grace Baik

Recognising the sporting achievements of these students performing at the elite level, showing very high standards of sporting behaviour. Grace Baik, won the 50m butterfly at the Auckland Champs of Champions competition and at the New Zealand Secondary Schools Swimming Championships, they placed 1st in the 100m and 200m butterfly, and 2nd in the 50m butterfly. At the New Zealand short course championships, Grace won 3 national age group titles, an open age 3rd, two open relay golds, and a New Zealand relay record. Grace gained 2 national silvers and a bronze at the New Zealand age group champs, and was chosen to represent New Zealand at the 2022 Junior Pan Pacific Event in Hawaii achieving 2 silvers and 1 bronze in the 200m, 100m and 50m butterfly events respectively. Sienna Neill, CeCe was selected into the Women's National Lacrosse Team, the NZBLAX, travelling to Maryland, United States to compete at the Lacrosse World Cup.



Old Girls Association Cup for Best All Round Sportsperson- Winner: Sienna Neill



This cup is presented for excellent participation in school sports, displaying high standards in personal ability, teamwork, sporting behaviour, fair play and giving back to the school. This person has shown great leadership, initiative and commitment throughout the year and has competed at regional, national and international competitions across multiple sports. As a member of the first XI football team, they placed 3rd in the Auckland league and 1st at the New Zealand secondary schools competition held in Taupo. Running between Football and Lacrosse nationals, they were also in the Lacrosse A team that placed 1st in the weekly division, 1st at the Auckland Secondary Schools competition and 3rd at the New Zealand secondary school nationals and selected into the Nationals Tournament Team, as well as the Women's National Lacrosse Team.

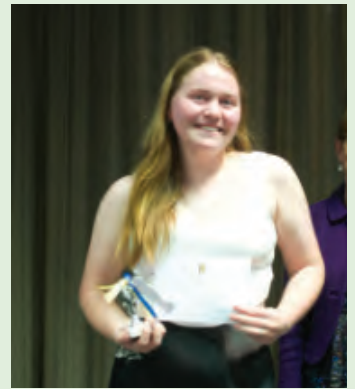
Gary McCrystal Best International Performance by an Individual- Winner: Aimee Feinberg-Danieli

The Best International Award is given to the student that has achieved international success by representing the school and their country. A remarkable goalkeeper who along with their International performance, has had a remarkable domestic campaign, which includes many representative seasons for Hamilton, a key member of EGGs 1st XI Football Team and Auckland United Football club, identified as the starting goalkeeper. They have represented NZ at the NZ U20 Australia Tour in Auckland. They are part of the NZ Regional Talent Centre, and are an A-League Women's Off-Season Apprentice. As a member of the U17 National Football Camp, being a vital component in winning the Kate Sheppard Cup 2022 whilst maintaining many clean sheets throughout. This athlete took to the world stage and represented New Zealand at the U17 FIFA World Cup in India. At this competition, they were the first choice goalkeeper.



Overcoming Difficulty- Winner: Hannah Mead

This award is given to a student that has shown resilience and courage to overcome a significant difficulty. This person was involved in multiple sporting codes, but unfortunately sustained injuries that affected their season. From a concussion during an Adventure Racing competition to a broken wrist in a Cycling accident, this person was unable to play sport for almost two months. As a member of the 1st XI Hockey team, this also meant they could not compete at the national tournament held in Christchurch. With that being said, this award winner showed compassion, dedication, commitment and sportsmanship by continuing to support the team and going down to Nationals to mentor and support the second goalkeeper who was competing in her first major tournament and giving many inspirational speeches through wins and especially losses.



Coach of the Year- Winner Jordan Roberts (Football) & Cath Martin (Cycling)



The 2022 Coach of the Year award is given to a coach to recognise outstanding contributions made to Epsom Sport as well as the achievement of consistent results at both Regional and National level. Both award winners bring with them years of valuable experience gained at both a school and external level. They've dedicated a countless number of hours to their sport at EGGs. Their caring, goal driven and hard-working nature saw these sports reach the heights they set out to achieve. Their honest and direct approach to delivering a quality sport experience for our students is highly valued and appreciated, and we would like to thank them for an outstanding year.

Acknowledgement of Service- Winner: Gary and Janine Colquhoun-Petherick & Jo Hazard

This award is given to a volunteer who has shown outstanding service and dedication to EGGs sport. The Volunteer of the year award for 2022 is jointly awarded to our 1st XI Hockey Coach, Jo Hazard, who also runs the Hockey program and our Underwater Hockey Manager and a valuable member of the colours and scholarship committee, Gary Colquhoun-Petherick. The Volunteer of the year have shared many successes throughout their years of service and been a vital part in the continual growth of both the Hockey and Underwater Hockey programs. The amount of time, dedication, support and love for sport and our athletes over the years, are unquantifiable. They have been a part of running and leading our Hockey and Underwater Hockey programs throughout their years of service.



The Hockey team has continued to develop year after year, as a result of well executed trials, training programs, detailed debriefs and meticulous planning, they have won their A1 intercity grade, providing them the opportunity to play in the promotions for entering into the premier league in 2023, no easy feat to and a great way to end the season. Gary has continually developed the Underwater Hockey program over the years, the hard work with his program has lifted it to a new height and put underwater hockey on the map at Epsom Girls Grammar School. He not only dedicates his skill and time to the sport, he is also a valuable member of our Colours and Scholarship committee, providing excellent insight into sport at EGGs.

TEAM AWARDS:

- Artistic Gymnastics**- Wheeler Cup for Junior Champion..... Bailey Tomokino
- Badminton**- Senior Singles Champion..... Amelia Su
- Badminton**- Senior Doubles Champion Amelia Su & Emily Lin
- Badminton**- Junior Singles Champion Emily Lin
- Badminton**- Junior Doubles Champion..... Erika Fong & Minseo Kong
- Basketball**- Most Improved Junior Player Savana Feite & Sienna Haar
- Basketball**- Keith Langley Trophy for Best Offence Draun Forbes
- Basketball**- Les White Trophy for Best Defence..... Leah Patuwairua
- Basketball**- Fowler Cup for Senior MVP Maya Fowler

Basketball- Most Improved Senior.....	Talia Vea
Cricket- Mike Scrips Memorial Trophy for Dedication to Cricket ...	Emma Haywood
Cricket- Most Valuable Cricket Player.....	Christelle McGuire
Cricket- Most Promising Junior Player.....	Mollie Drumm
Cross Country- Intermediate Champion.....	Leila Daniels
Cross Country- Junior Champion	Ava Gatie
Cycling- Floyd-Butler Cup for 1st Year Rider	Nina Worrall
Cycling- Neems Cup for the Fastest Mt Wellington Hill Climb	Belle Judd
Cycling- Nicola Webster Cup for Contribution to Cycling.....	Georgia Herrell
Cycling- The Cluster Cup for Outstanding Individual Racing	Ava Maddison
Cycling- Grace Masterson Cup (Captains Cup)	Elena Worrall
Cycling- Ben Marshall Cup for Outstanding Improvement.....	Zoe Kivell
Curling- Farley Cup for Dedication to Curling.....	Yulia Wu
Football- Lance Bowden Cup for Best Defence.....	Andrea Ape-Paia
Football- Annalie Longo Cup for Player of the Year.....	Lara Colpi
Football- Michelle Cox Cup for Most Promising Player	Alyssa Wong
Hockey- Vince Wilson Trophy for Best Team Performance	1XI Hockey Team
Hockey- Jan Martin Cup (MVP) 1st XI.....	Rosie Hazard
Lacrosse- Rosie Gunn Cup for MVP.....	Sophia Webb
Lacrosse- Gunn Cup for Most Improved Player.....	Francesca Booy
Netball- Gwen Mitchell Cup for Consistent Netballer.....	Antonia Dickie
Netball- Scopes Cup for MVP (Junior).....	Jasmine Gill
Netball- Lee Cup for MVP (Intermediate)	Shayla Nepia
Netball- Coach of the Year.....	Fale Malifa
Netball- Cup for Service to Netball Umpiring	Mrinali Padiyar
Netball- Cup for Excellence in Netball.....	Sarah Manu
Rowing- Red Williamson Memorial Trophy for Excellence	Cassidy Bradley
Rowing- Most Successful Crew.....	U18 4+ Brianna, Stevie, Jessica, Cassidy, Hannah
Rowing- Short Oar Award for Best Coxswain	Hannah Stockman
Rowing- Club Rower of the Year	Brianna Jolly
Rugby- Jensen Cup for Dedication to Rugby	Mikaya Kaipō
Rugby- Blackwell Cup for Most Promising Player.....	Milahnn Ieremia
Rugby- Gautusa Cup for Most Improved Player.....	Delilah Tuihalangie
Squash- Senior Champion	Sophie Barton
Squash- Junior Champion.....	Georgina McCullum
Swimming- Senior Champion	Grace Baik
Table Tennis- Bill Sorby Cup for Senior Singles Champion.....	Cathy Ning
Table Tennis- Senior Doubles Champion.....	Cathy Ning & Michelle Ngan
Table Tennis- Junior Singles Champion.....	Jessie Young
Table Tennis- Junior Doubles Champion	Jessie Young & Laura Du
Table Tennis- Hoskin Goblet for Service to Table Tennis	Cathy Ning
Tennis- Senior Singles Champion.....	Leah Patuwairua
Underwater Hockey- Most Improved Senior Player.....	Annabel Chisholm
Underwater Hockey- Most Improved Junior Player	Emily Swain
Underwater Hockey- Best All-Round Junior Player	Eden Hogg
Water Polo- O'Donnell Cup for MVP	Isobel Allan
Water Polo- Service & Commitment Cup	Amy Keating
Water Polo- Most Promising Player	Ella O'Brien
Water Polo- Most Improved Player.....	Milla Steele

COLOURS

Athletics

Yandri Fourie

Cricket

Elizabeth Buchanan

Holly Lightbourne

Cycling

Ava Maddison

Belle Judd

Elena Worrall

Maia Barclay

Tegan Feringa

Distance Running

Leila Daniels

Duathlon

Leila Daniels

Fencing

Ruby Chan Ho Ting

Football Aimee Feinberg-Danieli

Lara Colpi

Golf

Hannah Murchison

Lacrosse

Anna Green

Areetha Unnikrishan

Arina Chaptynova

Ava Gatie

Dinithi Bamunusinghe

Francesca Booy

Gabrielle Webb

Gemma McCall

Grace Quinn

Hanna Brathwaite

Isobel Allan

Lucy Johnston

Olivia Tyrie

Ruby Brathwaite

Sienna Niell

Sophia Johnston

Sophia Webb

Sunnie Yan

Rowing

Brianna Jolly

Cassidy Bradley

Hannah Stockman

Jessica Mabey

Stevie Mabey

Rugby

Mikaya Kaipo

Milahn Ieremia

Swimming

Abby Davidson

Amorita Ng

Grace Baik

Olivia Bates

Ultimate Frisbee

Georgia Brown

Georgia Lewis

Hannah Clark

Katherine Foulton

Lara Colpi

Lilah Cooke

Mayley Gao

Mia Doubleday

Olivia Tyrie

Tessa Swinson

Underwater Hockey

Anya Chaplow

Weightlifting

Gabrielle Napper

Wrestling

Ana Schaumkel-Vea

SCHOLARSHIPS

Year 9

Ana Schaumkel-Vea- Wrestling

Yandri Fourie- Athletics & Hockey

Lilah Cooke- Netball, Touch Rugby & Ultimate Frisbee

Safiya Saheb- Badminton

Year 10

Mrinali Padiyar- Basketball, Netball, Volleyball

Ava Gatie- Distance Running (Cross Country)

Year 11

Leila Daniels- Athletics

Genny Huang- Hockey

Rushni De Silva- Cricket, Netball & Ultimate Frisbee

Stevie Mabey- Rowing

Year 12

Hannah Clark- Ultimate Frisbee

Ruby Chan Ho Ting- Fencing

Lona Charlick- Hockey

Sarah Manu- Netball

Vibha Godha- Football

Year 13

Belle Judd- Cycling

Brianna Jolly- Rowing

Cassidy Bradley- Rowing

Grace Baik- Swimming

Isabell Allan- Lacrosse & Water Polo

Jessica Mabey- Rowing & Underwater Hockey

Sienna Neill- Lacrosse

Sophia Webb- Lacrosse

Anna Ryu- Badminton

Anya Chaplow- Underwater Hockey

Lucy Johnston- Football & Lacrosse

Olivia Tyrie- Lacrosse & Ultimate Frisbee

Volleyball

Volleyball Junior Season

From Week 1 to Week 4, our three Junior Volleyball teams have participated in the College Sport Auckland Junior Volleyball seasons. Each week the teams trained, learning new skills and set plays, and developed the skills and knowledge to referee games as a team. It was such a pleasure to be at the games each week, watching each and every player grow and develop as players, and to see all of their learnings put into practice on the courts!

I want to make a special mention to our coaches, Ofeira Lemalu, Karllie Clifton and Tafu Maynard, who helped our teams on game nights, providing valuable insights and support to our players.

Thank you to all of the teams for showing up full of energy to each game, and showing incredible sportsmanship to each other, the referees and players and officials from other teams. Your positive attitude and willingness to always help out and support others was commended by other schools on many occasions!

Congratulations again on a fantastic season, I can't wait to see you all take to the courts again in Term 1!



Volleyball Junior Championships

Straight off the back of Year 10 camp, our Volleyball Junior A Team travelled down to Pulman Park, Takanini to take it to the best Junior Teams in Auckland at the Junior Volleyball Championships. After a rocky start with 4 players not returning home until the 3rd game of the day from camp, the team played some very impressive Volleyball games, showcasing their skills, knowledge and plays learned over the term!

Each game the teams showed incredible perseverance, determination, resilience and community spirit by playing with positive attitudes and showing what it means to represent Epsom Girls!

You should all be extremely proud of yourselves and how you played over the three day tournament. I look forward to seeing you compete in some of our Senior Tournaments next year!

Ultimate Frisbee

Ultimate Junior Outdoor Championships

On Sunday 20th of November, our Junior Ultimate team travelled out to Pulman Park to compete in the Ultimate Junior Outdoor Champs. The day threw us some curveballs with sunny weather but strong winds and then some rain later in the day, but thanks to Mr Chignell, we had the gazebos and tarp set up and were prepared for everything that was thrown at us! The teams showed great enthusiasm and sportsmanship, playing against Takapuna Grammar School and Selwyn College. We placed 2nd at the end of the tournament and should be incredibly proud of how they played!!



Senior Ki o Rahi

At the beginning of the term, a team of 16 Year 11-13 students played in the Auckland Senior Ki o Rahi Championships. Playing in the mixed novice grade as the only all girls team, they won 4 of 5 games, with a very close final against Waiuku mixed. Well done to everyone that played, and a big thank you to Eloise Blackwell who helped at the last minute!

Junior Ki o Rahi

On November 2nd, a small group of eager year 9s and 10s participated in the Auckland Junior Ki o Rahi Championships. They had some tough games in the mixed novice grade and did incredibly well, especially with Ki o Rahi being a very new sport to them. Congratulations everyone, and thank you to Mrs McCool and Miss Carlton for their help on the day!

Auckland Waka Ama Regatta



Saturday November 5th saw a beautiful day at Orakei Basin for our Junior and Senior Waka Ama paddlers. It was a huge day in the sun, spanning from 7am - 5pm, but this did not falter the energy and positivity of our team who showed great sportsmanship throughout the day, cheering their fellow team mates on! And with a number of cancelled regattas due to covid, it was great to see so many people supporting and back out on the water!

Our U16 team consisted of Alana Avaomutu, Millar Earp, Eleksia Finau-Fotu, Leah Finau, Nia Owen & Zara Petersen, and our U19 team consisted of Liarna Ardana, Sharon Keil, Abigail Tiufalani, Tajarh Liufalani, Waimaria Mark, Uha Reuther-Vakalahi and Pratigya Tapuvae. Both teams struggled in their first race of the day; the mixed W12, but managed to pull this back with huge success in their age group W6 races. The Juniors won their heat, progressing to the semis as the fastest qualifiers and going through to the grand final to finish 2nd. This is a great achievement as our juniors haven't paddled together for long and this bodes well for the future of EGGs Waka Ama! Our Seniors also did incredibly well, winning their W6 heat and finishing 3rd overall in their Senior W6 250m grand final! Our experienced group of seniors didn't stop here, and managed to get 2nd and 3rd in the Senior W6 mixed races with Westlake Boys.



A huge congrats to these students for all of their hard work, you were amazing and we are all so proud! Another big thank you must go out to the Junior Westlake Boys team who paddled alongside both of our Girls teams in all of their mixed races! Also to Louise Henderson who has always played a big part in Waka Ama preparation at EGGs, dedicating a lot of her time to coaching and mentoring our students! And finally to Clarissa Nathaniel, Briana Stephenson, Jane Liufalani and Sonya Sleigh for giving up their time to help supervise/manage the team leading up to competition and throughout the day, we couldn't have done it without you!

Central/Western Zone Tag Football Tournament

On November 9th, a 17-strong EGGs team played in the Central/Western zone Tag Football tournament at Moire Park, Massey. They played 5 games in the round robin and came through with 3W/2L to finish 3rd in their group. The Team came together well, constructively learning from each game, where in the final round robin game they played Rangitoto who went undefeated. EGGs held them to the narrowest margin of all their games and managed to break through their line on two occasions – more than any other team in the group! Our team crossed over with 2nd place from the other pool and played to a 4-4 draw, denying Carmel a try on the final play. The Team have progressed to the next round and will represent EGGs at the Auckland Championship Tournament on Monday November 28th. A special mention to Nae' Robinson and Briana Ieremia for coaching and managing, they showed great leadership!

Rowing

On Saturday 19th November, two of our Senior Rowers attended the Unveiling by Their Excellencies The Governor General Dame Cindy Kiro (GNZM,QSO) and Dr. Richard Davies, Darcy Hadfield's Olympic Medal. 1920 Games. Darcy Hadfield was the first NZ Athlete to win an Olympic Games medal (1920).

EGGS students Cassidy Bradley and Brianna Jolly have been significant members and an influential part of Rowing at Epsom Girls Grammar School. What an awesome opportunity to attend and be a part of a ceremony to commemorate Darcy Hadfield's achievements, and the unveiling of his Olympic Games Medal.



*Pictured from left to right:
Cassidy Bradley, Dame Cindy Kiro, Brianna Jolly*

College Sport Young Sportsperson of the Year Awards

Congratulations to the following winners in the College Sport Young Sportsperson of the Year Awards::

Sophia Webb - Lacrosse



College Sport Auckland Season

CSA Season // Division 1 Girls // 1st place

Co-Captain of the Team

CSA Championships

AKSS // Division 1 Girls // 1st place

NZSS Championships

NZSS // Division 1 Girls // 3rd place

NZSS // Division 1 Girls // Tournament Team Selection

NZSS // Division 1 Girls // Most Valuable Player of the Tournament

Outside school teams/performances

NZBLAX // Women's World Championships // Women's Team Travelling Reserve // USA

NZBLAX // Australian Senior National Championships

Auckland U18A Team // Captain

Tessa Swinson - Ultimate Frisbee



College Sport Auckland Season

CSA Season // Division 1 Girls // 1st place

Captain of the Team

CSA Championships

AKSS // Outdoor Champs // 1st place

AKSS // Indoor Champs // 1st place

Captain of the Team

NZSS Championships

NZSS // Division 1 Girls // 2nd Place

Outside school teams/performances

NZ U20 Squad // World Champs in Polance // 6th Place

Women's Club Team // Nationals // 4th Place

Mixed Nationals Squad

Anya Chaplow - Underwater Hockey



College Sport Auckland Season

CSA Season // Senior A team // 2nd Place

NISS Championships

NISS // Senior A Team // 2nd place

NZSS Championships

NZSS // Senior A // 5th Place

Received the 'Top Girl' award for 2022 UWH NZ Nationals.

Received entry to the 2022 UWH NZ Nationals Tournament Team.

Awarded Most Valuable Player for Epsom Girls Grammar School 2022.

Outside school teams/performances

Selection to trial for 2022 Northern U18 UWH Squad

Invitation to trial for the Worlds 2023 NZ Women's UWH Training Camp

Other finalists:

Cycling - Belle Judd

Football - Aimee Feinberg Danieli

Lacrosse - Dinithi Bamunusinghe and Sienna Neill

Rowing - Brianna Jolly and Jessica Mabey

Rugby - Milahn Ieremia

Ultimate Frisbee - Katherine Fulton and Hannah Clark

Weightlifting - Gabriella Napper and Jaelyn Sua

Yachting - Nicole Hume

Cricket Nationals

We wish our EGGs 1st XI Cricket team all the best as they travel to Christchurch on Monday 19th December to represent Auckland in the New Zealand Secondary School Girls Gillette Venus Cup Cricket Tournament.

The team qualified for Nationals in Term 1, winning the Vilette Venus Qualifier Tournament to see Epsom Girls Grammar School attend Nationals as the Auckland representatives. What an amazing feat!



Rowing

On 16th December our Rowing Squad travel to Cambridge to compete in the 2022 Christmas Regatta at Lake Karapiro. We wish all our rowers the best of luck!



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