1	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	A selection of cereals Weetbix muesli,Ricies,cornflakes and porridge over winter, Acidophilus yoghurt, selection of milk; whole and low-fat, Selection of bread; wholegrain, wholemeal, white, Fruit Selection of preserved and fresh fruits Tea, Hot chocolate n water are available with all meals						
Weekend breakfast						Poached egg baked beans	Scrambled egg spaghetti
Morning Tea	Peppermint slice	Chocolate peanut cookies	Double chocolate muffin	popcorn	Pineapple slice	Waffles berry compote	Chefs creation
Lunch - Main	Ham apricot parcels	Teriyaki chicken on fried rice	Filled smoked salmon or chicken pocket with Caesar dressing	Homemade sausage roll	Corn fritter stack with bacon	American hot dog	Cinnamon French toast stick with maple berry and bacon
Vegetarian	Roast veg with haloumi parcels	Teriyaki tofu on Fried rice	Filled vegetarian pocket with Caesar dressing	Homemade spinach and feta roll	Corn fritter stack with mushroom	American vegetarian hot dog	Cinnamon French toast stick with maple and bacon
extras	Daily Selection of salads( x 3) as per set salad bar, Breads, and Beverages						
Afternoon tea	Pizza scrolls	Cheese and crackers	Potato and leek soup	Mini samosa	Hokey pokey biscuit	Chef's creation	Slice
Beverages	Juice	Flavoured Milk	Juice	Flavoured Milk	Juice	Flavoured Milk	Juice
Dinner	Beef korma	Five spice pork chops	Pasta bar Chicken carbonara	Cottage pie	Tempura battered hoki	Chicken Rendang	Roast marinated Beef n gravy
Carbohydrate	Tumeric steamed rice	Roast potatoes	Penne, fettucine pasta	Garlic bread	chips	Roti /rice	Herbed roast potato
Vegetables	Corn cobs, peas	Beans, cauliflower	Broccoli, carrot	Stir fry veg	Corn, carrots	Buttered beans, broccoli	Root veg medley
Vegetarian	Vegetarian korma with tofu	Pumpkin Gnocchi	Veg carbonara with chickpeas	Eggplant and brown lentil cottage pie	Pesto stuffed mushroom	Vegetarian tofu Rangdang	Falafel with Italian tomato salsa
Dessert	Pancake with ice cream	Moroccan orange cardamom cake	April birthday cake	Upside down plum cake	Chocolate brownie with whipped cream	Mango mousse	Kiwi fruit custard tart
Supper	Mixed biscuit	Carrot /pita hummus	Sweet slice	Raspberry date slice	Fruit basket	Fruit basket	Fruit basket