

15/11/2021	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Breakfast</b>	<i>A selection of cereals Weetbix, Muesli, Ricies, Cornflakes and porridge over winter, Acidophilus yoghurt, selection of milk; whole and low-fat, Selection of bread; wholegrain, wholemeal, white, Fruit selection of preserved and fresh fruits. Tea, Hot chocolate, and water are available with all meals</i>						
<b>Hot breakfast</b>						hash brown and poached egg	Scrambled egg and spaghetti
<b>Morning Tea</b>	Lamingtons	Doritos	Caramel slice	Blueberry muffin	Choc cake	Vogel's Fruit n spice Toast	Chef's selection
<b>Lunch</b>	Smashed Avocado bacon Poached egg Ciabatta toast	Classic mac and cheese	Cheesy beef Quesadilla	French Toast with maple syrup, bacon, and banana	Broccoli & prawn Fried rice Boxes	Beef Burrito with green salads	Bacon and egg benedict
<b>Vegetarian Option</b>	Smashed Avocado Mushroom Poached Egg Ciabatta toast	Mac cheese	Cheesy Savoury lentil Quesadilla	French Toast with maple syrup, bacon, and banana	Broccoli Edamame soya beans fried rice boxes	Vegetarian Burrito	Egg n spinach benedict
	<i>Daily Selection of salads (x3) as per set salad bar, breads, and beverages</i>						
<b>Afternoon tea</b>	Spaghetti boat	Mini yum cha	Brownies	Fruit platters	Pikelets and spreads	Chef's choice	Cookies
<b>Beverage Service</b>	Juice	Flavoured Milk	Juice	Flavoured Milk	Juice		
<b>Dinner</b>	Chicken Capsicum stir fry	Cottage pie	Sweet n sour Popcorn chicken	Thai beef curry	Hamburgers with toppings	Smokey BBQ Chicken nibbles	Beef spaghetti bolognaise
<b>Starch</b>	Steamed rice	Garlic bread /Mash	Seasoned Noodles	Steamed rice	Rosemary potato wedges	Fried rice	Pasta
<b>Vegetables</b>	Peas n corn	Corn n Carrots	Broccoli and butter bean	Broccoli and cauliflower	Peas and carrots	Broccoli and cauliflower	Corn n Carrots
<b>Vegetarian Option</b>	Capsicum n Tofu Stir fry	Vegetarian cottage pie	Char-grill stuffed Capsicum	Lentil and vegetable dahl	Vegie burgers	Marinated vegie Stacks	Lentil bolognaise
<b>Dessert</b>	Custard brownies	Homemade panna cotta	Lemon drizzle cake	Mousse cups	Jelly n Ice cream	mini eclairs	Fruit plates
<b>Supper</b>	Chocolate chip cookies	Cheese and crackers	Crudité and hummus	Raspberry twists	Fresh fruit basket	Fresh fruit basket	Fresh fruit basket